

# Millbrook Community Newsletter

FEBRUARY 2022



## MILLBROOK ADMINISTRATION & HEALTH CENTRE

### [Important Announcements](#)

For the latest corona virus information visit: <https://novascotia.ca/coronavirus/>

<https://www.millbrookband.com/covid-19-updates>

To see a visual on COVID-19 in Nova Scotia, please go to: <https://novascotia.ca/Coronavirus/data>

### [The Eskasoni Crisis Line](#)

Toll Free number 1-855-379-2099  
(Mi'kmaw and English)

 **MILLBROOK  
FIRST NATION**  
TELEPHONE: (902) 897-9199  
TOLL FREE: 1-(800)-693-3112  
MILLBROOK BAND ADMINISTRATION  
P.O. BOX 634  
TRURO, N.S. B2N 5E5

# Millbrook Administration Office

## **Mailing Address**

Millbrook Band  
Administration  
P.O. Box 634  
Truro, NS. B2N 5E5

## **Business Hours**

Monday- Thursday  
9:00am-12pm / 1:00pm-4:30pm  
Friday  
9:00am-12pm

## **Phone Numbers**

Band Office  
1 (902) 897-9199  
Toll Free  
1 (800) 693-3112

## **Website & Facebook Page**

**Millbrook's Website** - [www.millbrookband.com](http://www.millbrookband.com).

**Millbrook's Facebook Page** - <https://www.facebook.com/MillbrookFirstNation/>

**E-mail:** [communications@millbrookband.com](mailto:communications@millbrookband.com) to have your information posted online.

## **Social Assistance**

Social Assistance Cheques are scheduled for: **Thursday, February 10 & 24, 2022.**

Available to be picked up at the Band Office while following Covid-19 protocols.

Applications are available at the Reception desk at the Band Office.

### **ATTENTION SOCIAL CLIENTS: Nova Scotia Power Bills**

It has come to the Social department's attention that some clients are having problems submitting Power bills for payment to the social department in a timely manner. Any social client can call NSPC at 1-800-428-6230 and request that they email me ([margaretphillips@eastlink.ca](mailto:margaretphillips@eastlink.ca)) a current copy of your power bill for payment.

Thank you for your cooperation.

## **Chief and Council Meeting**

**Tuesday, March 8<sup>th</sup>, 2022**

Deadline for letter submissions and booking time to see Council is

**Thursday, March 3<sup>rd</sup>, 2022.** Contact the Administrative Assistant at

Phone: (902) 897-9199 or e-mail: [adminassistant@millbrookband.com](mailto:adminassistant@millbrookband.com)

Please include your full name, contact information and subject of your request.

**The following Chief and Council Meeting will be April 12<sup>th</sup>, 2022.**

## **March 2022**

- 🌸 **March 3** - Millbrook Elections
- 🌸 **March 7** - Swearing in ceremony Millbrook Chief and Council
- 🌸 **March 8** - Chief and Council meeting
- 🌸 **March 14** - Governance Training for new council
- 🌸 **March 15** - Economic Development and Consultation

## **Minutes**

For up to date minutes from Chief and Council please check online at: <https://www.millbrookband.com/minutes>

## **Millbrook's Newsletter Deadline - Sunday, February 20<sup>th</sup>, 2022**

**The deadline is the 20<sup>th</sup> of each month.**

Send your content to: [communications@millbrookband.com](mailto:communications@millbrookband.com),

or use the website contact form at <https://www.millbrookband.com/contact>

Be sure to include ALL relevant information (including the who, what, when, where, why and how to find out more) and be sure to submit it in advance of the event date (the earlier you share the better).

**Please ensure its in an editable format.**

## **Booking the Community Hall**

To book the Community Hall please contact **Natasha Bernard** at **(902) 897-9199**

### **Costs**

Organization rental fees: \$200/half day rental and \$300/full day rental charge  
Band member rental details: Small events, deposit of \$100.00 (will be returned after cleaning)  
Band members rental: Big events, \$500.00 (Hall must be cleaned w/ tables and chairs put away).

Thank you to those who continue to keep the hall clean, neat and tidy.  
**Please try to book your event early, preferably a minimum of 2 weeks in advance.**

## **Attention: New Millbrook First Nation Members Under 19 Years of Age**

For Millbrook First Nation members under the age of 19 years, the Millbrook Enterprise Credits are placed in a trust fund. When Millbrook members reach the age of 19, they must apply to Millbrook First Nation to have their Millbrook Enterprise Credit money released from the trust. The application form can be found at <https://www.millbrookband.com/s/Millbrook-Enterprise-Trust-Fund-Credit.pdf>

Please note that as of April 2020, Millbrook First Nation does not automatically receive all information on new registered members so that means that new members under the age of 19 years are not guaranteed to be added to the minor's trust list.

Please contact Priscilla Martin at [priscillamartin@eastlink.ca](mailto:priscillamartin@eastlink.ca) with your name, date of birth and band number so that we can add you to the minor's trust list. Once you have been added to the minor's trust, no further applications are necessary until you reach 19 years of age.

If you are aware of any other new Millbrook First Nation members, please contact Millbrook First Nation.

Wela'lin

## **Application for Housing & Apartment**

When applying for a house or apartment it's important to provide all necessary documentation to support your application (if applicable) such as:

- 👉 Band registration number
- 👉 Children's band registration number(s)
- 👉 Marriage certificate
- 👉 Confirmation of a Registered Domestic Partnership from the Department of Vital Statistics
- 👉 Confirmation of custody arrangements
- 👉 Proof of medical condition(s)

Please submit your housing or apartment application with all updated information and consistently apply each fiscal year.

## **Seeking Historic/Archived Millbrook Photos**

Millbrook First Nation is seeking for old photos to be showcased in Millbrook's buildings like the Community Hall, Band Office, and Senior Centre. We are looking for old team photos, family photos or historic locations.

Please contact Nigel Gloade Communication's Officer at (902) 324-3379 or  
**e-mail:** [communications@millbrookband.com](mailto:communications@millbrookband.com)

## **We Are Taking Names for Energy Efficiency NS Home Assessments Phase 5!**

Millbrook First Nation is continuing its involvement in the Energy Efficiency program working to make Millbrook's homes more comfortable and energy efficient by keeping valuable heat inside.

Would you like your home assessed by Energy Efficiency NS in the Spring?

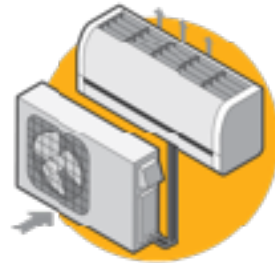
**If so, please email Lorne Paul at [lornepaul@eastlink.ca](mailto:lornepaul@eastlink.ca) and please provide the following information in the email:**

- 👉 Name
- 👉 Address
- 👉 Phone number and email address
- 👉 What is your current heat source?

Once we have these details, we will add your name to the list for the phase 5 assessments.

### **Heat Pump Cleaning**

Please contact Eshaan at EcoLogic Heat Pump Solutions Ltd for a deep heat pump cleaning. Eshaan can be contacted by phone at 902-957-0661 to schedule an appointment, at no cost to the Millbrook First Nation home owner.



### **Millbrook's Security Services**

Millbrook's security team is responsible for keeping Millbrook's community safe and secure. They work around the clock and are on call 24 hours a day. Their duties include patrolling the neighbourhoods of Millbrook and Cole Harbour because having a physical presence in the community is a deterrent for minor damage or other unsavoury activities. They are trained to identify unusual activity and pay attention to detail to reduce risks to the community. In addition, they observe and report suspicious activity that may be criminal.

If a community member is in danger or witnesses criminal activity, it is important that they call 911 or the local Millbrook or Cole Harbour, Sheet Harbour detachment of the RCMP. Please note that the security team cannot report incidents on your behalf.

### **Millbrook Bylaw & Security Contact Information**

**By-law Officer** - Cell (902) 899-5240 **e-mail:** [bylaw@millbrookband.com](mailto:bylaw@millbrookband.com)

**Millbrook Security** - Cell (902) 956-0114 **e-mail:** [security@millbrookband.com](mailto:security@millbrookband.com)

**Cole Harbour Security** - Cell 902-240-0993

**Sheet Harbour Security** - Cell 902-885-2219

# 1919 LAND CLAIM INFORMATION

# 2022

With the 1919 land claim settled, Millbrook is committed to being strategic in its expenditures and investments.

In November of 2021, a survey was circulated that asked band members to rank their priorities, in terms of how Chief and council should spend the land claim funds in a way that benefits the entire community."

319 surveys collected in total, the results show us that:

## Infrastructure (35.3%)

Most people (35.3%) said that the trust funds should be invested in infrastructure. Most popular response for the infrastructure discussion was to invest in housing, whether it be spent to build new houses, or acquire and develop new lands for housing. Others said we should build new community spaces, like parks and playgrounds. We were told that upgrading the community hall would be beneficial too. Having a proper community Foodbank was the next most popular.

01

## Purchasing new lands (26.5%)

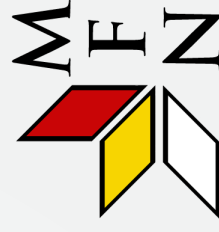
Purchasing new lands was the next most popular. Suggestions included, acquiring and developing new lands for housing. Grow out community's land base. Develop our business area and attract businesses that address community needs (like grocery stores). Another suggestion was to acquire cultural lands and to have them near water, whether it be rivers, lakes or oceanfront properties.

02

## Economic development (23%)

Economic Development was the least popular option for trust fund spending. Band members wanted to see it invested in a way that draws big businesses to create jobs. Creating affordable rental units was an interest too.

03



# Consultation Update

## Beaver Dam Wellness Study

Millbrook First Nation has been consulting on the proposed Beaver Dam mine project since 2016. The consultation department conducted a Traditional Land and Resource Use Study (TLRUS), in 2018, that documented our band members' harvesting activities through interviews and mapping exercises.

The Proponent (Atlantic Gold/St. Barbara) used the information in the TLRUS to mitigate some of the potential impacts to land use and occupancy. The consultation department worked with Beaver Dam and Sheet Harbour residents to see what they thought of the company's mitigations. In most cases, they saw more issues than solutions.

Throughout these engagements, the community made it very clear that they do not support the proposed mine, because of its proximity to the Beaver Dam reserve and because of the associated risks to health and harvesting rights. As such, Chief and Council wrote a letter, addressed to the regulator and the Proponent, in June 2021, publicly opposing the project at hand.

Before Christmas, the consultation department conducted a wellness study that investigated the project's potential impacts onto human health and wellness. The study concluded that the potential affects to water quality, food security, land access and mental are too high and we as a nation are not willing to shoulder that burden. Short-term economic gain should not be prioritized over long-term ecological and cultural loss.

Check out <https://www.millbrookband.com/consultation> for the full report.

If you want to share your thoughts with the Impact Assessment Agency of Canada (the regulator), go to <https://iaac-aeic.gc.ca/050/evaluations/proj/80111/participation>

For more information contact [Consultation@millbrookband.com](mailto:Consultation@millbrookband.com)



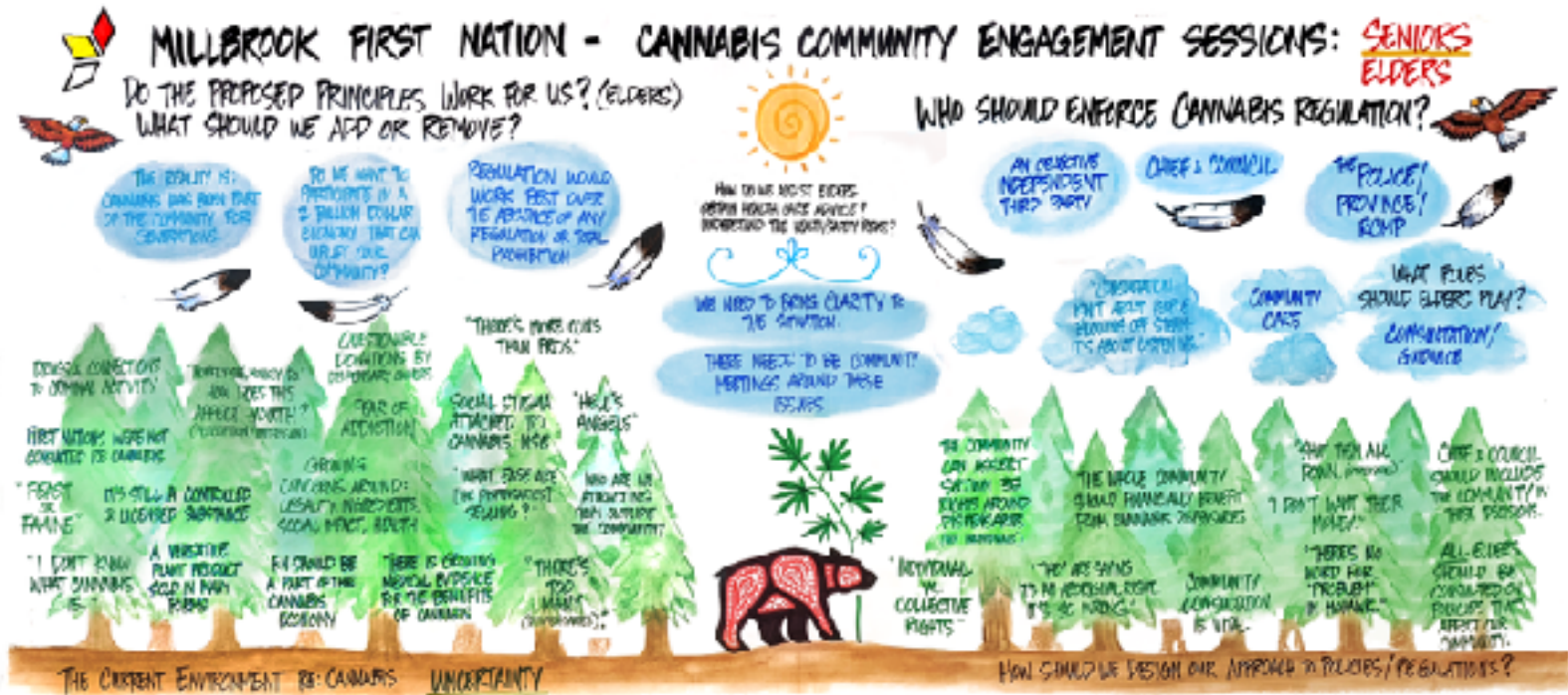
## Cannabis Consultation Report

In December 2021- January 2022, a series of community consultation sessions were held to discuss cannabis governance in Millbrook. The purpose of the consultation was to obtain the knowledge, thoughts, experiences, comments, concerns, advice and direction of community members to address issues, challenges and opportunities related to cannabis.

By engaging community members from different cohorts, ages, and backgrounds, Millbrook aimed to facilitate increased collaboration among all community members. Millbrook intends to use the information collected through the community consultations to develop a community response to cannabis. This is only the first step in our consultation process.

To access the full report, go to <https://www.millbrookband.com/consultation>.

Each of the focused consultation sessions included graphical facilitation. The images below were created by a graphic artist and represent the themes that were discussed, the questions that were raised and the feedback received from participants.



# MILLBROOK FIRST NATION - CANNABIS COMMUNITY ENGAGEMENT SESSIONS: MILLBROOK COMMUNITY MEMBERS

JAN 12, 2022

(on 2021)

## OVERVIEW with ATTY. SUZIE ROBINSON

"LITIGATING IS AS IMPORTANT AS THINKING."  
A LOT OF THE ISSUES ARE BECAUSE FIRST NATIONS WERE DEPRIVED FROM FEDERAL PROTECTIONS FROM THE 1800S THAT THEY OBTAINED CANNABIS JURISDICTION TO THE PROVINCE.  
"UNCERTAINTY"

THE FOCUS ON ILLEGAL ACTIVITY PROMPTS UNIFIED ACTION.

THE PROVINCE GOVT WILL REGULATE CANNABIS FOR YOU IF YOU DON'T DO IT YOURSELF.

"I'M CONCERNED THAT MILLBROOK IS GOING TO TAKE MY HARD WORK AND MAKE IT THEIRS."

IT'S NOT ABOUT "THE BOX", IT'S ABOUT THE EXECUTION OF THE PROGRAM.

NOBODY SHOULD INSIST ON THE RIGHT TO ENGAGE IN TRADE.

"I'VE BEEN CHASED & BATTERED & I HATED LEGAL TRADING BUT I WOULD DO IT... I HAVEN'T GOTTEN ANY SUPPORT"

I WANT CLER & COUNCIL TO CREATE COMMUNITY POWERED OPPORTUNITY THAT SUPPORTS OUR ENTREPRENEURS THAT PUT IN THE SWEAT EQUITY TO DEVELOP THIS INCREDIBLE LOCAL OPPORTUNITY.

## COMMUNITY CONCERNS

WHAT ABOUT HEMP?

"WE NEED TO MOVE," WE WANT TO DEVELOP THE GOVERNANCE NOW.

"I WAS DISGUSTED" BY THE WOOD GROUP'S "IT'S A LIGHTER STORE" BUT IS THERE GOING TO BE HERE, WITH THEM SUPPORTED?"

WHY AREN'T WE MEETING AS A COMMUNITY ABOUT THIS?

WE NEED TO GET EDUCATED ABOUT THIS ISSUE.  
>CONSULTATION<



THE PERCEPTION IS THAT THE SHOPS ARE ILLEGAL...

"FACTORY WANTS A PIECE OF THE PIE BUT NOBODY WANTS IT WALK TOGETHER"

WOOD HAS MULTIPLE AFFILIATIONS.

NOT OWNERS AND HELPING COMMUNITY MEMBERS, GIVING THEM JOBS.

ANSWERING YOUR RIGHTS, YOU WILL MEET RESISTANCE.

ALWAYS LOOK FOR THE COMMON INTEREST

"WHEN CANNABIS WAS BROUGHT TO MILLBROOK, IT WASN'T A MILLBROOK DECISION... THE GOVT WANTS A PIECE OF THE PIE."

THE BAND THE COMMUNITY  
LACK OF LEADERSHIP  
NO TRUST  
"JUST BECAUSE IT'S LEGALIZED DOESN'T MAKE IT SHARPEN OUR COMMUNITY"  
"WHEN THIS WOOD ISSUE, WE'RE NOT A COMMUNITY"

COMMUNITIES IN OTHER AREAS ARE HANDLING THIS DIFFERENTLY.

IT IS IN THE GOVT'S INTEREST THAT WE NEVER FIGURE OUT THE ISSUE BECAUSE THEY WANT TO PROFIT FROM THIS AND CANNABIS INTRUSION.

THE GOVT HAS A THUMB ON YOU.



WHAT IS THE SITUATION AROUND CANNABIS RIGHT NOW? CONFLICT

HOW DO WE COME TOGETHER AS A COMMUNITY AROUND THIS?

# MILLBROOK FIRST NATION - CANNABIS COMMUNITY ENGAGEMENT SESSIONS - HEALTH CENTRE STAFF

NOV 8-10, 2021

HEALTH CENTRE STAFF

## DO THE PROPOSED PRINCIPLES WORK FOR US? WHAT SHOULD WE ADD/REMOVE?

## WHO SHOULD ENFORCE CANNABIS REGULATION?

NOT COUNCIL - "NO TRUST" - PERSONAL INTERESTS  
"WELL CHANCE JUDGES TO POLICY, THEN YOU MIGHT AS WELL TRUST POLICY OF THE PROVINCE"

WHAT IS THIS BRINGING INTO THE COMMUNITY?  
(CARE, PROTECTION, SUPPORT, STABILITY)

FOCUS ON BLACK MARKET CONNECTIONS TO STOP THE PROLIFERATION OF HARD DRUGS

REGULATE DISPENSARY LOCATIONS (COMMUNITY SHOPS)

"REGULATE WHAT'S CARING IN, SO WE CAN REGULATE WHO IS RESPONSIBLE"

WE WANT OUR VOICES HEARD BY COUNCIL

PROFESSIONAL  
"THIS IS NOT TRADITIONAL MEDICINE BUT A TRUITY RIGHT"

INFORM THE HIGH SCHOOL

WHAT ROLE SHOULD WE PLAY?

BRINGING MONEY TO THE COMMUNITY  
-DIVISION-  
"BRINGING UP FAMILIES"

"LITERAL VIOLENCE"

WHERE IS THE PRODUCT COMING FROM?

INCREASED COCAINE ABUSE

NO CONFIDENCE THAT IT WAS A LITERAL ROOF AS A MEDICINE.

WE'VE NEVER BEEN CONSULTED ON CANNABIS POLICIES

RESEARCH-CENTERED POLICIES

WE NEED A ROADMAP.

HEALTH CANADA APPROVED

EMPLOYMENT/ FAIR WAGES

SPEAKING UP ABOUT THIS CAUSES CONFLICT

WHAT IS SAFE TO USE?

THERE'S NO REGULATION OR INSPECTION

WE BELIEVE IT NEGATIVELY IMPACTS OUR COMMUNITY'S CULTURE AROUND DRUGS & DRUG USE

HEALTH-CENTERED POLICIES

FOCUS ON ITS EFFECTS IN EDUC & SCHOLASTIC PERFORMANCE

UNSAFE STREETS PROTECT THE CHILDREN

WE CAN'T BE AFRAID TO SPEAK UP ON THESE POLICIES

IT HAS CREATED A NEGATIVE FEELING IN THE COMMUNITY

-ANGER-  
SOCIAL MEDIA BULLYING

IS THERE A CONNECTION BETWEEN MENTAL HEALTH & CANNABIS?

THERE HAS BEEN AN INCREASE IN VIOLENCE AND HARD DRUG USE (COCAINE)

WE DON'T WANT TO BE ASSOCIATED WITH THE USE OF CANNABIS

HARM REDUCTION

LANGUAGE-SENSITIVE APPROACH TO POLICY

REGULATE PACKAGING & LABELS

CONTROL ACCESS

SIMPLIFY THE SYSTEM

THE CURRENT ENVIRONMENT RE: CANNABIS

HOW SHOULD WE DESIGN OUR APPROACH TO POLICIES/REGULATIONS?





# MILLBROOK FIRST NATION - CANNABIS COMMUNITY ENGAGEMENT SESSIONS: **COMMUNITY BUSINESS OWNERS**

DO THE PROPOSED PRINCIPLES WORK?  
WHAT COULD WE ADD OR REMOVE?

PROTECT BUSINESSES & ENTREPRENEURS - STOP PENALIZING & BULLYING THEM

"TESTING - MAKE SURE ITS SAFE"

WHO SHOULD ENFORCE CANNABIS REGULATION?

"I HAVE NO FAITH IN CHIEF & COUNCIL"

"WE NEED TO HELP EACH OTHER"

WE NEED A REGULATORY REGIME

"A TON OF COMPLAINTS BY OWNERS"

"THE THING IS IMPORTANT"

PLURITY OF COUNCIL - W/ CHIEF & COUNCIL BROKEN TRUST HURT FEELINGS

"WE NEED ONE CHIEF & COUNCIL ON THE SAME PAGE"

"I WANT MILLBROOK TO SAYK IT IS A HELP US"

WE WANT TO BE CONSULTED

FOCUS ON: DRAFTING COMMUNITY CANNABIS REGULATIONS (A REGULATORY REGIME)

FOCUS ON: ZONING, LOCATION, REGULATIVE

A COMMUNITY-DRIVEN APPROACH

COMPARE THE COMPLICATED RELATIONSHIPS W/ CHIEF & COUNCIL

LOOK AT PRIVATIZED SALE OF CANNABIS

"CHIEF & COUNCIL SHOULD HAVE THE POWER TO VETO IMPORTANT THINGS"

REPRESENT COMMUNITY OWNERS NOT MANAGEMENT

FOCUS ON CONSTITUTIONAL RIGHTS

REVIEWING INDIGENOUS RIGHTS AROUND CANNABIS

CONSIDER EMERGENCY PREPAREDNESS

PROPOSALS MADE AND IMPLEMENTED

"NO TRUST"

"THE COMMUNITY HAS NOT BEEN CONSULTED"

"ANGER/CONFLICT"

"UNCERTAINTY & ANXIETY"

"A HISTORY OF CONFLICT W/ CANADIAN GOV'T (NO AGREEMENT)"

"THEY'VE BEEN DRAGGING THEIR FEET ON THIS ISSUE"

"WE FASSED DECISIONS FROM THE VERY BEGINNING"

"LACK OF SUPPORT FROM BUSINESS"

"LACK OF PROGRESS"

"MISUNDERSTANDING"

"LOTS OF LEGAL GREY AREA"

"CANNABIS IS NOT DEFINED IN ABORIGINAL LAW"

"WHY BOTHER? AN ELECTION IS COMING"

"THERE WAS A SIBBERY IT WAS A WASTE OF TIME"



THE CURRENT ENVIRONMENT RE: CANNABIS CONFLICT

HOW SHOULD WE DESIGN OUR APPROACH TO REGULATIONS?

# MILLBROOK FIRST NATION - CANNABIS COMMUNITY ENGAGEMENT SESSIONS: **DISPENSARY OWNERS**

DO THE PROPOSED PRINCIPLES WORK?  
WHAT COULD WE ADD OR REMOVE?

WE NEED SUPPORT FROM OUR OWN PEOPLE/COMMUNITY/LEADERS

WE NEED A COLLECTIVE VOICE

WHO SHOULD ENFORCE CANNABIS REGULATION?

"SECTION OF SELF-SOVERAIN RIGHTS"

ELUOT A CANNABIS COMMITTEE

CLARIFY: INTERPRETATION OF THE LAW

"WE JUST WANT TO RUN A LEGIT BUSINESS"

"JUST BECAUSE NOVA SCOTIA DOESN'T SUPPORT THE PRIVATIZED SALE OF CANNABIS DOESN'T MEAN IT'S WRONG"

"GATE SALES"

LOOK AT FRENCH LANGUAGE RIGHTS AS A MODEL

UTILIZE THE NEW ECONOMY TO EMPOWER THE COMMUNITY



"LACK OF EDUCATION (ON HOW TO RUN A BUSINESS)"

"WE ARE A LITTLE BIT DIVIDED RIGHT NOW"

"LOTS OF INFIGHTING"

"THIS IS A POSITIVE ECONOMIC OPPORTUNITY FOR OUR COMMUNITY"

FLEXIBILITY

SIMPLE & EASY TO UNDERSTAND & REGULATING

CONSIDER FEDERAL EFFECTS ON INDIGENOUS BUSINESSES

"WE COULD ADAPT HIGH CANADA REGULATIONS UNTIL WE DEVELOP OUR OWN"

FOCUS ON: ECONOMICS

FOCUS ON: A WELL INFORMED COMMUNITY

"IT WOULD BE WISE TO KEEP IT OPEN & FLEXIBLE"

"THE INDIAN ACT IS DESIGNED TO KEEP US IN A NARRATIVE STATUS"

OPEN A BANK ON RESERVE

FOCUS ON TESTING & SAFETY

"BUILDING REPUTATION FOR DISPENSARIES"

"STOP BEING DISCRIMINATORY AGAINST SHOPS"

"STOP MAKING ILLEGAL... SEIZURE OF PROPERTY"

FOCUS ON: TESTING & SAFETY

"IN-HOUSE TESTING FACILITY"

"TRANSPARENCY"

"BOUTIQUE LOOKING"

"INDIVIDUALITY (TOWARD SHOPS)"

FEDERAL/PROVINCIAL LAW WORKS AGAINST THE INTERESTS OF FN

THERE IS A TENSION AGAINST ENTREPRENEURS WHO WANT TO OPERATE CANNABIS SHOPS

"IF WE LOSE OUR CASES WE CAN SAY GOODBYE TO EVERYTHING"

"MISINFORMATION/UNCERTAINTY"

"SOCIETY ISSUES"

"PRODUCT TESTING"

THE CURRENT ENVIRONMENT RE: CANNABIS NO COMMUNITY SUPPORT

HOW SHOULD WE DESIGN OUR APPROACH TO POLICIES/REGULATIONS?

# MILLBROOK FIRST NATION - CANNABIS COMMUNITY ENGAGEMENT SESSIONS - MILLBROOK ADMIN. STAFF

Nov 2-10, 2021

DO THE PROPOSED PRINCIPLES WORK FOR US?  
WHAT SHOULD WE ADD / REMOVE?

TAKE NEEDS TO BE ACTION BEYOND THE PAPER.  
CONSIDER LICENSING & MONITORING.  
WE CAN BE INSPIRED BY HOW OTHER FC COMMUNITIES HAVE HANDLED THIS.  
THE MILLBROOK COMMUNITY → THINK IT THROUGH.

"WHERE IS THE PRODUCT COMING FROM?"  
"THE SHOPS ARE SITTING TARGETS."  
CRIMINAL ELEMENT: OTHER GANGS.  
COMMUNITY RISK AGAINST ANTI-CANNABIS STANCE.  
CANNABIS HAS "BLOWN UP" "SO MANY UNREGULATED STORES".  
CANNABIS COMMUNITY CONFLICT.  
HARDER PRODUCTS ARE BEING SOLD.

SAFETY ISSUES  
COUNCILORS STOPPING RAINCOATS/USDS TO PROTECT SELF-INTERESTS.  
WE ARE GETTING A BAD REPUTATION "WILD WEST".  
PEOPLE DON'T SEEM TO WANT REGULATION.  
UNRECOGNIZED INTIMIDATION FACTOR.

WHAT IS CANNABIS BEING SOLD INTO OUR COMMUNITY?



WHO SHOULD ENFORCE CANNABIS REGULATION?

3RD PARTY COMMISSION  
NOT CHIEF & COUNCIL  
IT ALL COMES DOWN TO CHIEF & COUNCIL.

WE WANT MORE AUTONOMY IN OUR COMMUNITY (FCP - PROPOS).  
WHAT ROLE SHOULD WE PLAY?  
WE NEED TRANSPARENCY FROM COUNCIL.  
WE NEED TO CONSIDER THE SHEER NUMBER OF DISPENSARIES.  
WE NEED TO MAKE THE DISPENSARIES FINANCIALLY CONTRIBUTE TO COMMUNITY PROGRESS.

REGULATION IS SO "IMPORTANT".  
FOCUS ON WHERE THE PRODUCT IS COMING FROM.  
WE NEED PLICIES AROUND USE & LAUNCHES WHILE ITS ALLOWED & PROHIBITED.

WE NEED A COMMISSION w/ EXPERTISE, SEPARATE FROM CHIEF & COUNCIL.  
COUNCIL SHOULD NOT BE FINANCIALLY INVESTED IF THEY ARE ALSO REGULATING/ WRITING POLICY.

TRACK THE PRODUCT (LEGAL REGULATION ONLY).

THE CURRENT ENVIRONMENT RE: CANNABIS

HOW SHOULD WE DESIGN OUR APPROACH TO POLICIES / REGULATIONS?

# MILLBROOK FIRST NATION - CANNABIS COMMUNITY ENGAGEMENT SESSIONS: YOUTH STUDENTS

DO THE PROPOSED PRINCIPLES WORK FOR US?  
WHAT SHOULD WE ADD / REMOVE?

CLARIFY LEGAL AGE  
WE NEED CLEAR LEADERSHIP  
FOCUS ON COMMUNITY BENEFIT, NOT PERSONAL GAIN.

YOUTH WANT TO BE INCLUDED IN COMMUNITY DISCUSSIONS AROUND CANNABIS.  
YOUTH ARE INVESTED IN THIS ISSUE.

THERE WAS A SURETY, MURDER.  
LACK OF CONFIDENTIALITY OF CHIEF & COUNCIL.  
SOME DISPENSARIES SELL OTHER DRUGS (MARIJUANA).  
BECAUSE CANNABIS IS NOT OPEN APPROPRIATELY REGULATED PEOPLE TAKE IT UPON THEMSELVES TO GET WHAT THEY NEED.  
"WE DON'T KNOW WHAT'S GOING ON UNTIL WE GO FIND OUT FOR OURSELVES."  
"COUNCIL MEMBERS EXPRESSING PRIVATE INTERESTS"



WHO SHOULD ENFORCE CANNABIS REGULATION?

CONSULT SCIENTIFIC STUDIES ON CANNABIS  
COMMUNITY GROUPS (COUNCIL CHIEF)  
3RD PARTY REGULATION  
"IT SHOULD BE A COMMUNITY DECISION"

PROTECT RESIDENTIAL AREAS  
NO PERSONAL USES/PURSES  
REGULATE DISPENSARY PRODUCT LINE  
REGULATE LOCATION FOR USE & SALE  
"AS LONG AS IT BENEFITS US (MARIJUANA) THAT'S M.L.N"

CONDUCT YOUTH  
REGULATE LEGAL AGE  
REGULATIONS SHOULD CENTER AROUND HEALTH.

FOUND A COUNCIL NEED TO FIGURE OUT A "GAME PLAN" (NEED SHAPERS)

THE CURRENT ENVIRONMENT RE: CANNABIS UNCERTAINTY

HOW SHOULD WE DESIGN POLICIES / REGULATIONS AROUND CANNABIS?

## MILLBROOK 2022 ELECTIONS

# March 3, 2022

### IMPORTANT BALLOT NOTICE

Please note that an error occurred with the ballot packages that were sent out by mail.

**Luke Kenneth Markie** was placed on the ballot as a candidate in error. He had declined his nomination within the deadline and is not a candidate. Please do not vote for him if you received a mail-out ballot.

Please share this information with family and friends who live off-reserve and would have received a mail-in package.

If you have any questions, please email me at [electoralofficer@cmmns.com](mailto:electoralofficer@cmmns.com).

Sorry for the confusion,

Brenda Tracey

Electoral Officer

### ELECTION NOTICE

· The Electoral Office has secured funds to offer Millbrook Band Members who received a mail-in ballot package the opportunity to send back their ballot by FedEx. If you are concerned about getting your ballot back to us before March 3rd (Election Day) please email me the information listed below and we will email you a return FedEx slip so you can send back your ballot by FedEx. You still have the option to mail back your ballot with the pre-paid postage that was provided to you.

· Please send your ballots back as soon as possible whether you are sending them by FedEx or by mail. Any person who cannot vote in person on Election Day should email me and request a mail-in ballot package.

We will need the following information:

1. Email address
2. Status Card number
3. Your name
4. Civic address only
5. Telephone Number

Important: Those that were already mailed a ballot will need to go to FedEx to pick up a FedEx envelope to return your ballot with the return slip we will email to you.

- Unfortunately, FedEx does not make deliveries to Canada Post Office boxes.
- New ballots will not be sent to replace mail-in packages already shipped via Canada Post.
- All new requests we receive for mailout ballots will be sent by FedEx.

If you have any questions, please send me an email. The Electoral Officer is responsible for sending out ballots.

Brenda Tracey

Electoral Officer

[electoralofficer@cmmns.com](mailto:electoralofficer@cmmns.com)

(902) 890-0008 cell phone (please leave a message and call back number)

## **MILLBROOK FIRST NATION – CANDIDATE FINAL LIST**

Nomination Meeting held January 13, 2022

This is not a ballot.

### **Nominated for Chief**

- Robert (Bob) Gloade
- John (Jack) Paul

### **Nominated for Councilor**

- Colin Bernard
- Natasha Bernard
- Anissa Blackmore
- Matthew Cope
- Alexander (Alex) Cope
- Thomas Durfee
- Shelly Falkenham
- Ann Margaret Fiddes-Cook
- Carley Gloade
- Garrett Gloade
- Michael (Mike) Gloade

- Peter Gloade
- Christopher (Chris) D. Googoo
- Jessica Haji Mohamad (McDonald)
- Billie James Julian
- Zachary Julian
- Pius Knockwood
- Justine Maloney
- Ward Markie
- Lisa Marshall
- Stephen Marshall
- Nolan Martin
- James Stevens (Louie)
- Dana L. Sylliboy

Please note: Any of the candidates can still decline their candidacy, but I will not be able to take their name(s) off the ballot. I cannot tell anyone that they have declined until the time of the counting of the ballots.

If you know anyone on-reserve that will not be able to come in person to vote on Election Day (March 3, 2022), please have them contact me as soon as possible so we can add them to the mailout ballot list. We cannot visit people's homes to deliver ballots on Election Day or allow anyone to take a ballot package to people due to Covid19.

Eligible band members that live off-reserve will be sent out a ballot package automatically. If you have moved or have not shared your address, please send me your address.

**Brenda Tracey**

**Electoral Officer**

**[electoralofficer@cmmns.com](mailto:electoralofficer@cmmns.com)**

# Health Centre

## Mailing Address

Millbrook Health  
Centre  
P.O. Box 634  
Truro, NS. B2N 5E5

## Business Hours

Monday- Thursday  
9:00am-12pm / 1:00pm-4:30pm  
Friday  
9:00am-12pm

## Phone Numbers

Health Centre  
1 (902) 895-9468  
Toll Free  
1 (844) 895-9468

## **COVID19 INFORMATION FOR COMMUNITY MEMBERS**

### **If you have tested positive for COVID19**

- Your health-related questions can be answered by the Millbrook Health Centre nurses between 9:00 am – 4:30 pm from Monday-Thursday and 9:00 to 12:00 on Friday. Please call the Millbrook Health Centre 902-895-9468.
- If you need health advice outside of the weekday, daytime hours, dial 811 anytime, 24 hours a day to speak with a public health nurse.
- You should self-report your positive test to <https://c19hc.nshealth.ca/self-report> so that Public Health can quickly determine if you are eligible for special medications that reduce your chance of hospitalization from COVID19.

### **General Questions about COVID19**

- For questions about COVID19, anyone can call the NS COVID Line at 1-800-430-9557 or email [covidquestions@nshealth.ca](mailto:covidquestions@nshealth.ca).

### **Isolating with COVID19**

- If you have tested positive and you are having trouble isolating at home because there is not enough space in your home, please call Amber from the Confederacy of Mainland Mi'kmaq at 902-890-9228 to see if there are any supports available to you such as a hotel room during your isolation.

### **Food**

- If you need food, the Colchester Food Bank is open during the day and we understand that they can deliver if you are in isolation. Their contact information is phone: 902-893-4566 or email: [colfoodbank@eastlink.ca](mailto:colfoodbank@eastlink.ca)

### **Deliveries**

- If you are in isolation and need a rapid test delivered to your home or where you are isolating, please call 902-899-5240.
- Please note that if you need groceries picked up and delivered, you must make arrangements for payment with the delivery person working for Millbrook By-Law and Security by calling 902-899-5240.
- All deliveries from Millbrook staff will be made between 10 am and 6 pm each day.

### **Crisis Line/Mental Health Support**

- The Nova Scotia Mental Health and Addictions Crisis Line is 1-888-429-8167.
- The Eskasoni Crisis Line is 1-902-379-2099. Both lines are open 24/7.
- The Kids Help Phone is 1-800-668-6868.

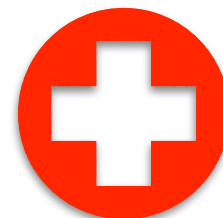
## **Medical Drivers**

### **Donna Gloade**

Home: (902) 895-9540 Cell: (902) 986-8842

### **Ella Paul**

Cell: (902) 956-2679



## **Millbrook Fisheries Update - Jonathan Lowe, Director of Fisheries**

Fisheries continues to be a rewarding venture for the Millbrook First Nation community with many new opportunities and exciting prospects going forward. This last year has been largely focused on engaging community members on implementation of treaty right livelihood fishing access, expanding recognized food, social and ceremonial (FSC) opportunities, and transitioning from a strictly communal commercial fishing enterprise to buying, holding and other land-based economic development potential.

### **Food Social Ceremonial (FSC)**

Five community engagement sessions have been held in collaboration with the Mi'kmaw Conservation Group (MCG) in Millbrook, Cole Harbour and Sheet Harbour to discuss expanding harvesting opportunities, both in terms of recognized fishing areas and the diversity of species to be harvested - as referenced in the community harvesting plans. If you require FSC tags, please contact Dalas Tufts at (902) 305-1977.

### **Livelihood Fishing**

Extensive input has been sought from community members over the last six months on the development and implementation of a treaty rights-based livelihood fishing plan for Millbrook First Nation. A number of very productive community discussions have taken place and provided a solid foundation to move forward with the development of a draft plan. A highly regarded fisheries consultant, Ken Paul from Tobique First Nation, has also been contracted to assist with this initiative. While discussions on meaningful livelihood fishing access are ongoing, Millbrook Fisheries continues to do everything possible to ensure that treaty rights are fully respected, and that harvesters are protected and supported out on the waters.

### **Lobster Holding and Buying**

Construction of a lobster holding system is proceeding at the Sheet Harbour wharf and processing facility. Aqua Production Systems (APS) has been retained to build and install required equipment for this important economic development initiative. Pre-fabrication of components has already begun at APS's facility in New Glasgow and installation of Phase 1 of this project is anticipated to be complete by the end of March 2022 (on-site in Sheet Harbour). The ability to store or hold "export-grade" premium live lobster in a technologically advanced climate-controlled environment will maximize value for all lobster purchased and sold by Millbrook First Nation.

The future is bright in Mi'kmaw fisheries. We encourage all members to stay engaged and participate in meaningful, community-based fisheries management and fisheries opportunity discussions. Millbrook Fisheries will continue to explore economic development and job-creation potential in all the fisheries/ocean sectors so that as many individuals as possible can benefit from this growing resource.



## **ADDITIONAL PANDEMIC SUPPORT FUNDS** **AVAILABLE FOR MEMBERS IN NEED**

On Tuesday, January 11, 2022, the Chief & Council approved funding support for Millbrook First Nation members financially impacted by the pandemic. For many Members, the pandemic is causing financial burdens on top of health and social stress. Therefore, in addition to the Indigenous Services Canada funding recently provided to on-reserve clients on social assistance, the Nation has now committed funds from our own-source revenue for those that are not on Millbrook social assistance and those living off-reserve.

Each household, who applies, will receive a payment of \$75 per household plus \$150 per Band member residing in the household. For example, if five Millbrook Members live in a home together, the pandemic support amount will be \$825.00. (5x\$150+\$75)

Applications will be available online at <https://www.millbrookband.com/covid-19funding>. **The deadline to apply is February 11, 2022.** The pandemic support funds will be mailed approximately two weeks after we receive your application form.

Millbrook First Nation cares for our community members; our administration staff is working hard to get these funds out to members who need them as quickly as we can.

Questions? Please email [covidsupport@millbrookband.com](mailto:covidsupport@millbrookband.com)










## EMPLOYMENT OPPORTUNITY

### (INTERIM) ADMINISTRATIVE ASSISTANT


Millbrook First Nation (MFN) is seeking a self-motivated professional for the position of Administrative Assistant, to Chief and Council (AA, C&C) for the Millbrook First Nation Administration Office, location in Millbrook. The Administrative Assistant, to Chief and Council reports to the Executive Assistant and is responsible for providing administrative and clerical supports to ensure daily operations are maintained effectively and efficiently.

This position is a 6-month term with a possibility of renewal.













#### **Job duties include but are not limited to:**

-  Participate in Council and other MFN administration meetings/committees; transcribe meeting notes into formal minutes and distribute minutes to appropriate parties within clear timelines.
-  Schedule meetings and prepare information/documentation required for meetings ensuring that the appropriate facilities, rooms, requirements, and equipment are booked.
-  Track and coordinate any follow-up or action items flowing from the Council and committee meetings.
-  Assist with the preparation of Council meetings such as collecting staff reports, editing of reports, developing, or compiling relevant documents, presentations, policies, and procedures.
-  Maintain confidential records and files
-  Perform all related administrative duties such as filing, word processing, copying, scanning, and printing.
-  Receive and distribute mail and correspondence to the Council and prepare draft responses.
-  Provide receptionist substitution when schedule allows.
-  Perform other related duties as required and assigned by the Executive Assistant

#### **The successful candidate must possess the following qualifications:**

-  College degree/certification in Business Administration or an acceptable combination of relevant education and experience



-  3-5 years in an administrative role preferred
-  Proven knowledge of office administration procedures
-  Excellent transcription, writing and word processing skills
-  Ability to take detailed minutes
-  Strong diligence, conscientious and proven organizational skills
-  Experience taking and producing minutes in a timely fashion with minimal supervision
-  Typing speed of 65-words per minute
-  Ability to manage multiple projects, assignments within clear timelines and goal oriented
-  Knowledge of Council and First Nation administration is an asset
-  Ability to maintain an elevated level of accuracy and confidentiality concerning all business
-  Strong computer skills, including familiarity with Microsoft Office Suite 365
-  Effective listening and verbal communications skills
-  Collaborator with other colleagues when necessary
-  Time management skills
-  Focused oriented and determined on all assigned tasks

**Salary Range: \$28,000.00 – \$40,000.00 - based on qualifications.**

**If you have any questions, please contact:**

**Tori Paul,**

**Human Resource Manager**

**(902)897-9199 (work) ext. 115**

**(902)956-9991 (cell)**

**HRManager@millbrookhand.com**

**Application deadline:**

Please submit your resume, cover letter and three references to the Millbrook Administration Office by **February 7, 2022, no later than 4:30 pm.**

Preference will be given to Millbrook First Nation Members or individuals of Indigenous descent.

# Virtual Cooking with Your Dietitian

Join Jenelle, your local dietitian, and follow along cooking demos and nutrition presentations. Let's learn how to make meals easier for everyone!

Week of Feb. 7: Cooking Basics & Nutrition Essentials

Recipe: Minestrone Soup

Week of Feb. 21 : Family Meal Planning

Recipe: Muffin Tin Veggie Omelets

Week of March 7: Budget Savvy Eating

Recipe: Baked Lentil Meatballs

Week of March 21: Navigating the Aisle

Recipe: Fish Potato Pie

Offered in partnership:



CANADA HEALTHY COMMUNITIES INITIATIVE



Family Meal Kits Provided for each week.

For families living in Colchester County.

No Cost to Participate. Space is limited.

Call Maggie's Place to Register:  
902-895-0200 or Facebook Message.



## INDIGENOUS WOMEN IN COMMUNITY LEADERSHIP

May 30, 2022 – September 30, 2022

- ✓ Are you an **Indigenous woman** ready to thrive in abundance?
- ✓ Are you passionate about impacting **positive change** in your community?
- ✓ Would you benefit from mentorship opportunities and a strong **circle of support**?

**APPLY NOW!**

Full scholarships available.

See website for more details.



CIRCLE OF ABUNDANCE



SIFX COADY

[coady.stfx.ca](http://coady.stfx.ca)

# THE TOWN OF TRURO

IS RENEWING OUR COMMUNITY PLAN

**For more information go to:**

[truro-lets-connect-townoftruro.hub.arcgis.com](http://truro-lets-connect-townoftruro.hub.arcgis.com)

Feel free to call or email us  
if you have any questions!

902.895.1148

[planning@truro.ca](mailto:planning@truro.ca)





# STEP 3

## Development Agreement

Development agreement application by Peter Ghosn and Mark Yazbek to permit an eight-storey multiple-unit residential building containing 79 dwelling units on lands at 306 James Street.

Planning Advisory Committee Meeting LIVE streamed on [www.truro.ca](http://www.truro.ca) and Town of Truro Facebook on February 28, 2022 at 6 pm.

To find more information and to fill out a survey on this development, please visit:  
[www.truro.ca/current-development-applications](http://www.truro.ca/current-development-applications)

### Millbrook Early Education Centre - 10 Week Program for Gymnastics

The children at the Millbrook Early Education Centre (MEEC) have started a 10 week gymnastics program. Gymnastics taught by Cobequid Spartans is going well and the children are enjoying the program.



**Pending no further COVID19 restrictions, after school care will resume February 14, 2022.**

P.O. BOX 634. TRURO, NS B2N 5E5  
WWW.MILLBROOKBAND.COM



TEL: (902) 897-9199 FAX: (902) 843-4785  
TOLL FREE: 1-800-693-3112

Millbrook Non-Band Member Health Services Application Form is for Millbrook’s Non-band Members (i.e., community members) to apply for access to some services at the Millbrook Health Centre. The services include:

- Doctor & Nurse Services
- Vaccinations
- Mental Health & Addiction Services

After filling out this form and submitting your application to the band office, you may be eligible to access these services (*some applications may not be approved*). We respect your privacy, and your information will be kept confidential. To get an update on your application, you may contact the Health Centre two weeks after you submit your application.

**Who is a Millbrook Non-Band Member?**

Non-band members living in our community with a Millbrook band member.





Office use only: Received this \_\_\_\_\_ day of \_\_\_\_\_ A. D. 2021/22

Millbrook Administration: \_\_\_\_\_

**Applicant Name:** \_\_\_\_\_

**Are you a member of another band? If so, Band #:** \_\_\_\_\_ **Senior (65+):** Yes / No

**Health Card #:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_ **How long have you lived in Millbrook?** \_\_\_\_\_

**Cellphone #** \_\_\_\_\_

**Home Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Are you currently living in the Millbrook First Nation Community or are you related to or the spouse of a Millbrook Band Member? (Millbrook & Satellite communities) Please explain:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Do you have a doctor? If yes, why do you want to change to Millbrook First Nation?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Name of Millbrook person you're connected to:** \_\_\_\_\_

**Band #:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_ **Senior (65+):** Yes / No

**E-mail:** \_\_\_\_\_

**Do you have Children together?** Yes / No **Who has primary custody of the children?** \_\_\_\_\_

**Are you willing to make the Millbrook First Nation doctor your only doctor?** Yes / No

**We will require past medical history, your medication list and your immunization record. You are responsible for providing that information.**

\_\_\_\_\_  
 Signature of Applicant

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Signature of Millbrook Band Member / Witness

\_\_\_\_\_  
 Date

Office use only: Approved ( ) Not Approved ( )

Health Director: \_\_\_\_\_