

Millbrook Community Newsletter

JANUARY 2024



RIBBON SKIRT PROFESSIONAL DEVELOPMENT - TMS

Important Dates

- 👉 January 18 - Nominations
- 👉 February 29 - Millbrook 2024 Elections

Please visit www.millbrookband.com/events for upcoming events! Or use this QR code ->
Sign up to our mailing list from our website (located at the bottom of the homepage.)

The Eskasoni Crisis Line

Toll Free number 1-855-379-2099
(Mi'kmaw and English)



**MILLBROOK
FIRST NATION**

TELEPHONE: (902) 897-9199
TOLL FREE: 1-(800)-693-3112
MILLBROOK BAND ADMINISTRATION
P.O. BOX 634
TRURO, N.S. B2N 5E5

Millbrook Administration Office

Mailing Address

Millbrook
Administration
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday- Thursday
9:00am-12pm / 1:00pm-4:30pm
Friday
9:00am-12pm / 1:00pm-4:00pm

Phone Numbers

Millbrook Office
1 (902) 897-9199
Toll Free
1 (800) 693-3112

Chief and Council Meeting

Tuesday, January 16th, 2024

Deadline for letter submissions and booking time to see Council is
Thursday, January 11th, 2024 at noon. Contact the Administrative Assistant to Chief and Council
- Suzzanne Penney at Phone: (902) 897-5877 or e-mail: adminassistant@millbrookband.com

Please include your full name, contact information and subject of your request.

The following Chief and Council Meeting will be March 12, 2024.

Deadline for submissions for February is Thursday, March 7, 2024.

Minutes

For up to date minutes from Chief and Council please check online at: <https://www.millbrookband.com/minutes>

Website & Facebook Page

Millbrook's Website - www.millbrookfn.ca

Millbrook's Facebook Page - <https://www.facebook.com/MillbrookFirstNation/>

E-mail: ngloade@millbrookfn.ca to have your information posted online.



On Behalf of the Family of the Late Jordan Denny- Augustine, We Would Like To Send a Heartfelt Thank You to the Following:

Millbrook Band Administration Staff, Millbrook Health Centre Staff, Millbrook Renovations Crew(Kelvin, Jack & Wowkwis), Millbrook Public Safety & Security, Ramona Morris & Suzanne Brooks, Kendelle Blois, Cheyenne Isaac-Gloade, Shannon Googoo, Angela Bernard for making sure everything was ready before, during and after Jordan's service, Colin Bernard, Individual Members of Chief & Council, Chief Bob Gloade, Chris Googoo, Dana Sylliboy, Lisa Marshall, Zachary Julian, Alex Cope, Ward Markie, Carley Gloade, Natasha Bernard for showing up and being there in the time of need. Eastern Eagle Singers, Arnold Brooks for the Cherry Pies, Heather Wilmot & Crew for the dinner, Corrina Milliea for Luski, Aunty Gail & Uncle Darren Stevens, Gloade Construction, Eskasoni Prayer Group, Jordans Crew (His Brothers) for bring him home and sending him back n his journey.

More importantly, the Community, which he loved so much for showing up for him and to send him off in a good way.

Our family is forever grateful.

Millbrook Rath Eastlink Community Centre Family Skate - Sunday Mornings

Sunday morning ice times at the R.E.C.C. starts at 8:00-9:00 am, January 7, 14, & 28.



Booking the Community Hall

To book the Community Hall please contact **Natasha Bernard** at (902) 897-9199

Cell: 902 324-9261 e-mail: nbernard@millbrookfn.ca

Costs

Organization rental fees: \$200/half day rental and \$400/full day rental charge

Millbrook member rental (Small): Small events, deposit of \$100.00 (will be returned after cleaning)

Millbrook members rental (Large): Band members wanting to book the hall for a larger event such as a wedding reception/dance the cost is a deposit of \$500. They must clean the hall afterwards, put all chairs and tables away. After inspected they can receive \$300.00 back.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

Welcome Back Peter!

Welcome back Peter Gloade, who is back to work after an extended leave. He will ease back to work, and his **work hours will be from Tuesday to Thursday from 10 am to 3 pm.**

Post Secondary Student Transcripts

A reminder for all Post-Secondary students to send in their Fall 2023 transcripts to the Administration Office,
Attention Monica Sani.

Upcoming Community Events

- 🌟 **January 18** - Nominations Meeting
- 🌟 **January 22** - Emergency Knowledge Feast Sheet Harbour
- 🌟 **January 23** - Community Lunch and Learn Opioid Poisoning Response Training
- 🌟 **January 30** - Emergency Knowledge Feast Cole Harbour
- 🌟 **January 30** - E'pitjik Ta'n Elukutijik'
- 🌟 **February 18** - Mid-Winter Mawio'mi

Social Assistance

Social Assistance Cheques are scheduled for: **Thursday, January 25.**

Applications are available at the Reception desk at the Millbrook Administration Office.

Millbrook's Newsletter Deadline - Saturday, January 20th, 2024

The deadline is the 20th of each month.

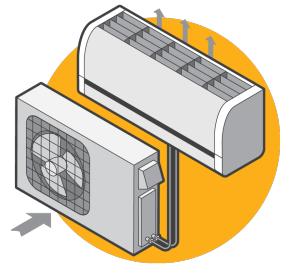
Send your content to: ngloade@millbrookfn.ca

Be sure to include ALL relevant information (including the who, what, when, where, why and how to find out more) and be sure to submit it in advance of the event date (the earlier you share the better).

Please ensure it's in an editable format.

Heat Pump Cleaning

Please contact Eshaan at EcoLogic Heat Pump Solutions Ltd for a deep heat pump cleaning. Eshaan can be contacted by phone at 902-957-0661 to schedule an appointment, at no cost to the Millbrook First Nation home owner.



Home Insurance

Millbrook First Nation's insurance covers the structural costs of CMHC houses and Millbrook-owned homes on reserve. Please note that the contents inside the homes, including the appliances, are not insured by Millbrook First Nation. It is important to protect your belongings and one way to do that is to consider purchasing home insurance for the contents of your home. This became apparent after the recent flooding of basements that occurred in Millbrook's communities last year. If Millbrook members are interested in home contents insurance, they will be responsible and it will not be covered by the First Nation. Questions? Please reach out to Millbrook's housing department.

Housing Inspections

The Housing Department has been working collaboratively with other organizations and government agencies with the hopes of obtaining funding for housing repairs. In order to be eligible for the housing repairs, housing inspections will be mandatory for the funding.

Those who contact the Housing Department to be added to the list will be first priority, but it's mandatory for all houses to be inspected. Anyone who doesn't answer the door for their scheduled appointment will be dropped down to the end of the list.

Please contact Krista Paul at kpaul@millbrookfn.ca or by phone at 902-890-2518 to be added to the housing inspection list, if you need to reschedule your appointment or if you have any questions.

Housing Repairs

Please be advised that any housing repairs must be approved by the Housing Department before any work is started, if you wish to receive reimbursement.

If you have any questions, please feel free to contact us by phone or email.

Lorne Paul

Director of Housing

lpaul@millbrookfn.ca

Work: (902) 897-9199

Cell: (902) 890-4863

Or

Chantel Langille

Housing Project Officer

clangille@millbrookfn.ca



SCHEDULE FOR NEW CHIEF AND COUNCIL FOR 2024

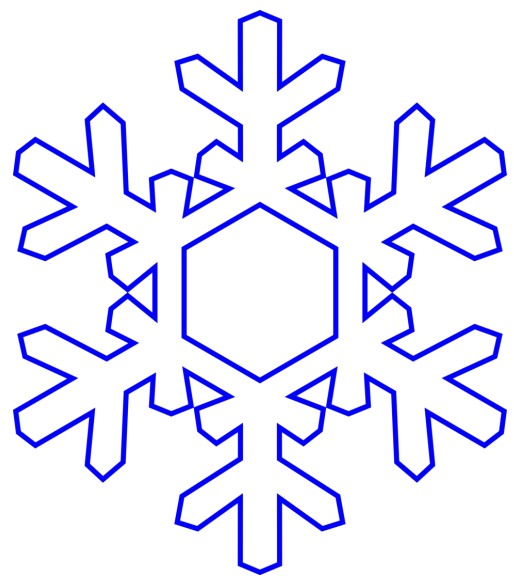
Month:	Days:	General Chief and Council Meeting	Days:	Economic Development Meeting
January 18, 2024 – Nomination Meeting February 29, 2024 – Millbrook Election				
March	Tuesday	March 12, 2024	Tuesday	March 26, 2024
April	Tuesday	April 9, 2024	Tuesday	April 23, 2024
May	Tuesday	May 14, 2024	Tuesday	May 28, 2024
June	Tuesday	June 11, 2024	Tuesday	June 25, 2024
July	Tuesday	July 9, 2024	Tuesday	July 23, 2024
August 2024 No Meetings This Month Summer break for C and C				
September	Tuesday	September 10, 2024	Tuesday	September 24, 2024
October	Tuesday	October 8, 2024,	Tuesday	October 22, 2024
November	Wednesday	November 13, 2024 (due to Remembrance Day Monday)	Tuesday	November 26, 2024
December	Tuesday	December 3, 2024	Tuesday	December 17, 2023
December meetings are moved ahead a week to accommodate Christmas Holidays 2024				

NEW CHIEF AND COUNCIL 2024 ORIENTATION/GOVERNANCE TRAINING

DATE	ACTIVITY	LOCATION
Tuesday, March 5, 2024	Swearing In Ceremony Group Photo	TBD
Wednesday, March 6, 2024	Orientation/Info Session Part 1	Council Chambers
Thursday, March 7, 2024	Governance Training	Council Chambers
Friday, March 8, 2024	Governance Training	Council Chambers
Monday, March 11, 2024	Orientation/Info Session Part 2	Council Chambers

January 2024

TRES NEWS



Important Dates

- Jan 30th:** Winter Festival 5:30-7:30
- Feb 19th:** No school-Heritage Day
- March 8th:** Assessment/Evaluation Day; no school for students
- March 11-15:** March Break; no school

Principal Message

Dear TRES Families,

It is hard to believe that we are out of 2023 and a week into the year 2024. Thank you to the families that were able to come out or call in to talk to their child’s teacher about their progress in December. It is important that the students see that home and school work together. Together we are stronger.

Yours in education,
Mrs. Kathy Weatherbee



January 2024

Be sure to sign up for inclement weather text notifications!

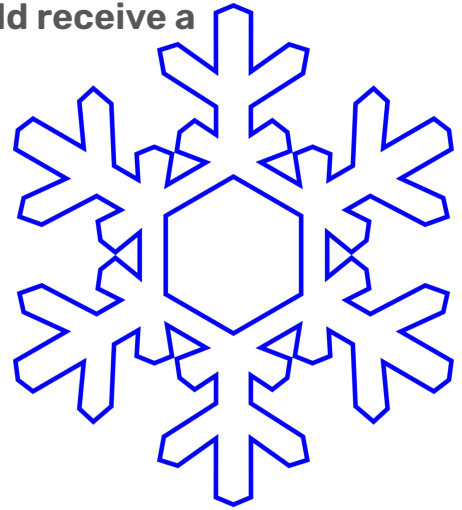
The inclement weather text notifications are housed on a separate list from the School Messenger notifications that send families updates on busing and school-based activities.

It is open to families, students, community members, and local businesses and organizations. Individuals interested in receiving inclement weather text notifications can sign-up by completing these two steps:

1. Register your phone number on the inclement weather list at: https://www.ccrce.ca/school_information/inclement_weather
2. Opt-in to receive text messages from our service provider by texting Y to the shortcode 978338. You should receive a confirmation text from School Messenger.

Indoor Shoes

It is now more important than ever that students have a change of footwear. Wet boots make our learning spaces dangerous so please send in an old pair of shoes that your child was just wearing as outdoors. Thank you so much for helping us keep our floors safe.



Clothing



It is that time of year that students need warm clothes as students go out in all types of weather each day. Sending in dry socks, mittens and even pants is a great way to make sure they are prepared for the day. They can leave some of these extras in their shoe bags in the hallway if that works best for families.

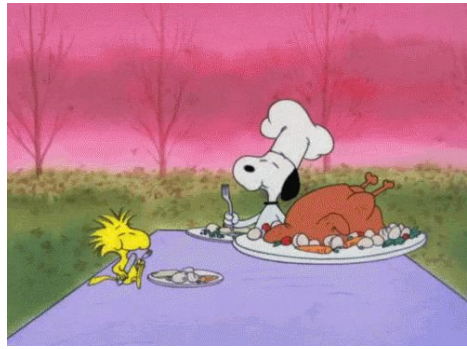


January 2024

We had fun in December!

Staff and students closed off the 2023 school year with fun free things.

- Monday 11th:** Created Kindness cards for others in our community
- Tuesday 12th:** Classes decorated their classroom doors
- Wednesday 13th:** Students and staff shared their traditions with their class
- Thursday 14th:** Shared a holiday book with a friend in the school
- Friday 15th:** Thank you, Home and School for providing movies for our classes
- Monday 18th:** Created Kindness Grams to share amongst our school
- Tuesday 19th:** Annual Turkey Dinner for all





Winter Festival Details

Where: Truro Elementary School
When: January 30th, 5:30-7:30 drop in
Who: Students and families of TRES
Details: The evening is a free flow experience with the below highlights:



Class Performances (Gymnasium)

All students can perform with their grade level friends. Each grade will do a song on the stage in the Gym. Students will meet in the Music Room, 5 minutes prior to their time slot listed below if they choose to participate.

Primary @ 6:00 PM

One @ 6:15PM

Two @ 6:30 PM

Three @ 6:45 PM

Four @ 7:00 PM

Individual Performances (Gymnasium)

Any student wanting to perform will need their adult to email [Ms. Fraser](#) prior to Jan. 12th. Performance is to be 1-3 minutes in length. Students will meet for a few lunch hours to prepare with Ms. Fraser and Mrs. Burris.

5:30 PM - 6:00 PM

7:15 PM- 7:30 PM

Family Photo Booth (Learning Commons)

Free photos for all families

Food Court (Cafeteria)

More details to come

Art Gallery Walk (Upstairs Hallway)

All students can display a piece of their choice.

Community Reading

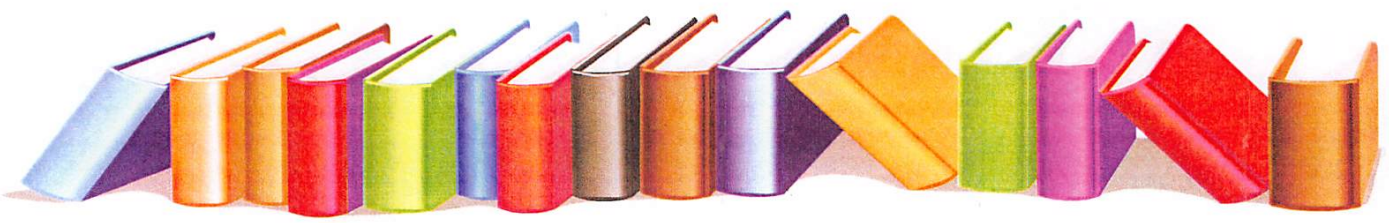


Please Join Us In Celebrating Family
Literacy week 2024

Be Involved By Signing Up To Read To A Child During
Our Community Reading At The

MILLBROOK EARLY EDUCATION
CENTRE

Mon Jan 22nd - Fri Jan 26th





E'PITJIK TA'N ELUKUTIJIK'

A workshop for Indigenous women in business

Tuesday, January 30th, 2024

9am - 1pm

Hampton Inn, Millbrook First Nation

Priority for Millbrook band members.
Only 15 spots available!

RSVP & share topic ideas:
hjohnson@millbrookfn.ca or
smorris@millbrookfn.ca

Mid-Winter Mawio'mi

February 18, 2024

Millbrook Cultural & Heritage Centre, Millbrook, NS

**2:00pm - 4:00pm - Waltes Demonstration and Competition;
Wapnaqn Demonstration.**

4:00pm - Mid Winter Pipe Ceremony and Teachings on Apuknajit

5:30pm - Feast

6:30-8:30pm- Ko'jua Dancing, Competition and Singing

EVERYONE WELCOME

Head Dancers:

Frederick Knockwood,
Eskasoni, NS

Faye Sylliboy, Eskasoni,
NS

Head Staff:

MCs: Trevor Gould, Michael R.
Denny, Alwyn Jeddore

Ceremony Leaders:

Jane Meader, Paulina Meader
Sinead Meader, Lawrence
Wells and Lottie Johnson

Invited Lead Singers:

Elder George Paul, Metapenagiag, NB

Evan Googoo, Wagmatcook, NS

Levi Herney, Eskasoni, NS

Teagan Copage, Elsipogtog, NB

Liam Watson, Metapenagiag, NB

Keigan Sack, Sipekne'katik, NS

Beverly Jeddore, Eskasoni, NS

Jesse Benjamin, Eskasoni, NS

JJ Denny, Eskasoni, NS

and more....

For more information contact: Michael R. Denny

michaelr@kinu.ca



MIKMAW KINAMAKWEY



Millbrook First Nation's Election for Chief and Council will be on February 29, 2024

January 5, 2023

Nominations

The first step of the process for the election will be to hold a **nomination meeting** where Millbrook First Nation members can nominate candidates for the election. **This can be done by nominating in-person at Millbrook's Community Hall, 72 Church Road, Millbrook on January 18, 2024 (6:00 pm to 9:00 pm) or by mailing in your nomination documents that were mailed out to the off-reserve members.** It is important for those that are mailing in their nomination to make sure that they fill out the declaration form and that it is witnessed and signed by the witness. Mail in nomination forms must be received by January 18, 2024.

Voting

In-person voting will be held at the Millbrook Community Centre 72 Church Road, Millbrook from 9 am – 8 pm.

Off-reserve members will receive a ballot in the mail automatically. If you cannot vote on February 29, 2024, in-person at the Millbrook Community Centre and you live on-reserve, please email the electoral officer as soon as possible for a mail-in ballot. Please consider requesting a ballot in the mail if you will be out of town on voting day, are a senior, have any health concerns, are a student away for school or are in a healthcare facility.

Please make your request for a mail-in ballot up to 3 weeks prior to the election day in order to get the package out in time to be mailed back (February 8, 2024). The electoral officer will not accept requests for ballots by a third party. Requests must come directly from the person who wants the ballot.

Candidate Booklet

Millbrook will be sending all eligible voters the bios of all candidates for Chief or Council. The deadline to submit your bio is January 25, 2024. Submissions should be no larger than one 8.5 inch by 11-inch legal sized paper. Submissions generally include a photo, background of candidate and/or campaign platform.

If you are running as a candidate for Chief or Council, and you would like your bio included in this mail-out, please email your one-page submission to Steve Logan at Eastern Woodland Print Communication at steve@easternwoodland.ca

Inquiries

Please direct any concerns or inquiries to the Electoral Officer Brenda Tracey at electoralofficer@cmmns.com

MILLBROOK CHIEF AND COUNCIL ATTENDANCE RECORD 2023

MEETING DATES—SEPT TO DEC 2023	SEPT 12/23		SEPT 26/23		OCT 11/2023		OCT. 24/23		NOV. 14/2023		NOV. 28/23		DEC. 13/23	
	Chief & Council AM	PM	Ec. Dev Meeting A	P M	Chief & Council AM	PM	Ec. Dev Meeting AM	PM	Chief & Council AM	PM	Ec. Dev Meeting AM	PM	Chief & Council AM	PM
CHIEF ROBERT GLOADE	v		v	x 3pm	v			v		v		Regrets		v
COUNCILLOR WARD MARKIE	v		v		v			v		v				v
COUNCILLOR LISA MARSHALL	v		v		v			v		v				v
COUNCILLOR ALEX COPE	v		v		v			v		v				v
COUNCILLOR JAMES STEVENS	v		v		v			v		v		Regrets		v
COUNCILLOR CARLEY GLOADE	v		v		v			v		v				v
COUNCILLOR ZACHARY JULIAN	v		v	x 4pm	Regrets			v		v				v
COUNCILLOR CHRIS GOOGOO	v		Teams		v			v		v				v
COUNCILLOR ANISSA BLACKMORE	v		v 9:25am		v 9:27 am			v		Teams				v
COUNCILLOR NATASHA BERNARD	v		v		v 9:16 am			v		v				v
COUNCILLOR STEPHEN MARSHALL	v		v x 3:30pm		v			v		v		Regrets		Regrets
COUNCILLOR DANA SYLLIBOY	v		v		Teams			v		v				v
COUNCILLOR GARRETT GLOADE	v		Regrets		v			v		Teams				v

NO MEETINGS IN AUGUST 2023 MEETINGS RESUME IN SEPTEMBER 2023

- v (check mark) indicates present for the day
- x indicates if absent day, will indicate time left meeting

**GENERAL CHIEF AND COUNCIL MEETING DATES
ECONOMIC DEVELOPMENT PROJECT CONSULTATION DATES**

Millbrook Fisheries
P.O. Box 634
Truro, Nova Scotia.
B2N-5E5
Tel 902-897-0435
Fax 902-895-1994



ATTENTION MILLBROOK LIVELIHOOD FISHERS

As Millbrook Fisheries pushes forward in asserting our community's rights to self-government and self-determination regarding our Treaty Fishing Plan(s), we would like to hear from you, the Treaty fisher, on your desired access.

Please drop us an email at fisheries@mfnfisheries.ca and let us know which **species** you are interested in livelihood fishing for in 2024, and in what **area(s)** of the province. Feel free to list several if you wish. Alternatively, you can also call us and leave a message at 902-897-0435.

Please note: This is in no way limiting you or holding you to any species/area. This is simply information gathering, so that we can know what is important to you, the fisher, as we move forward with community planning.

Thank you,

Michelle Gloade,
Fisheries Resource Co-ordinator
Millbrook Fisheries



Millbrook Early Education Centre

Important Dates for January

Wednesday, January 3, 2024

Students Return

January 22-26, 2024

Literacy Week

Friday January 26, 2024

Parent Tot Workshop

0-2 Year Olds

2:30pm-3:30pm

(New Time)

MEEC is following the Chignecto Central Regional School Board, if they close for any storms, please note we will close the entire Centre as well.



Friendly Bus Reminders

Bus Run 1 - 7:45am

Bus Run 2 - 8:15am

If your child will not be attending school on specific days, please let Nolan know ASAP **902-890-3608**

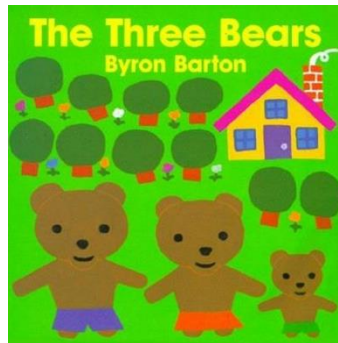
Contact Us

902-897-1249 or 902-897-0445

- Ext. 101 - Assistant Manager - Cheryl
 - Ext. 102 - Preschool 4 – Susan & Amy
 - Ext. 103 - Daycare – Genny, Levi & Sunshine B.
 - Ext. 104 - Preschool 3A – Jessica & Amanda
 - Ext. 105 – Preschool 3B- Jaquinn & Leslie
 - Ext. 105 – Afterschool Program- Leslie & Melinda
 - Ext. 107 - Primary - Emma & Melinda
 - Ext. 108 - SLP - Christina
 - Ext. 109 - Manager- Sylvia M. Martin
- Manager’s Email: smmartin@millbrookfn.ca**



Parent Tot Workshop



(0-2 year-olds)

Millbrook Band Members & Community Members

Where: Millbrook Early Education Centre

When: Friday, January 26, 2024

Time: 2:30pm-3:30pm **(New Time)**

Come and learn some fun rhymes and fingerplays, make some exciting crafts and activities with your child, and enjoy a great book to take home.

“The Three Bears”

Sign up at the Millbrook Early Education Centre or call 902-897-0445 or email smarshall@millbrookfn.ca

If you are unable to bring your child, have someone else bring them, such as a grandparent, godparent, aunt, or uncle.

Don't let your little one miss out!

SUBSTANCE USE PREVENTION PROGRAMMING AND EVENTS

JANUARY 2024

****The following support programs reoccur weekly****

Spirit of Recovery Program

Mondays and Thursdays - 1-3 PM

Health Centre Boardroom

Urge Surfing Program

Fridays - 1-3 PM

Health Centre Boardroom

Community Lunch and Learn

Opioid Poisoning Response Training

Tuesday, January 23, 12- 2 PM

Senior's Centre

Participants will be provided with nasal Naloxone kits. These trainings will be offered monthly, however, if you require a Naloxone kit, replacement kit, or product testing strips, please call or email:

Ingrid Sheppard, Substance Use Prevention Counsellor

Phone: 902-895-9468

e-mail: isheppard@millbrookhealth.ca

Social Enhanced Assistance Benefits Program

We Are Seeking Social Clients to Volunteer to take part in our Case Management Program. This program was developed to help remove financial barriers and empower clients while building strengths, knowledge, and skills to help you achieve your goals.

- 🔥 Are you a Social Client interested in enhancing your strengths and skills?
- 🔥 Do you want to enhance the overall quality of life?
- 🔥 Do you want to get out in the community and be more involved?

If you answered YES to any of these questions, our program is for you!

Case Management

- 🔥 To address the needs of Mi'kmaw families for food security, housing, health, education and training to promote self-reliance,
- 🔥 To enhance the overall quality of life for those living in Mi'kmaw Communities by fulfilment of potential and well-being,
- 🔥 A positive new way to provide social services to the 13 Mi'kmaq communities of Mi'kma'ki.

The primary goal of the Social Enhanced Assistance Benefits Program is to reinforce traditional Mi'kmaw structures and community systems of caring for and supporting clients while working toward the fulfilment of goals and becoming self-reliant.

All social recipients are encouraged to apply. If applicants are eligible, recipients will have the four basic areas necessary to sustain a person in need and move them from poverty to an improved standard of living. Depending on your situation, **you may be able to collect from more than one area**, which are **basic benefits, social housing benefits, health benefits, training, and employment benefits**. Recipients will then participate in case management, where we will decide on an appropriate number of sessions based on the barriers keeping you from your short- and long-term goals and the approximate amount of time you need to accomplish them. During our one-on-one case management sessions, we will develop your case plan so you can begin your journey.

All our meetings will be indiscreet and confidential.

To set up your initial appointment or if you would like to know more about the program, please reach out!

Your Case Manager

Courtney Cope at: ccope@millbrookfn.ca
or Call/Text me at 1-902-899-7704/1-902-897-9199



KNOWLEDGE FEAST

With Halifax Regional Municipality's Emergency Management Office & Millbrook's Public Safety Office

SHEET HARBOUR – JANUARY 22, 2024 | 5:30 PM -7:30 PM | AT THE SHEET HARBOUR LEGION, 23566 HWY 7.

COLE HARBOUR – JANUARY 30, 2024 | 5:30 PM -7:30 PM | AT THE A FRAME, 665 CALDWELL ROAD.

Please join HRM's Emergency Management Office and Millbrook's Public Safety Office for a knowledge feast (meal provided) on the Hazard, Risk and Vulnerability Assessment (HRVA). The HRVA is a collaborative process that supports communities and governments in making risk-based choices to address vulnerabilities, mitigate hazards and prepare for, respond to, and recover from emergency events. Staff will provide a short presentation to introduce the process and are looking to work with Sheet Harbour and Cole Harbour to gather local knowledge on historical hazards and localized emergency events and determine community priorities.

There will be door prizes and emergency preparedness materials available.

For more information, please contact:

Lama Farhat, 902.497.1817 OR Mary Jane Abram, 902 221 3630.

SUPPORT for INDIGENOUS STUDENT LEARNING PROGRAM

INDIGENOUS DISABILITY CANADA

WHO - Indigenous students of any age, across Canada who have limited financial resources, including Indigenous students living with disabilities. To be eligible, students must be of low-income, enrolled in formal education (online, remote, on-site), and must be actively attending classes

HOW - Submit your filled application along with the supporting documents to the **sislp@bcands.bc.ca** to be considered to receive a laptop and/or related accessories necessary for learning and academic success

WHY - To support and assist Indigenous (First Nation, Métis, Inuit) students in their continued educational success, ongoing studies and eventual career path

Resources are limited - apply today!

Applications will be accepted up to March 15, 2024 or until available resources have been expended.

All information will be verified, applications will be approved or declined based on documented priority need

Visit www.bcands.bc.ca for more information and to apply

**Due to the pandemic and world wide shortages of technology, times to receive computers by approved applicants may be longer than anticipated*



Indigenous Disability Canada (IDC)

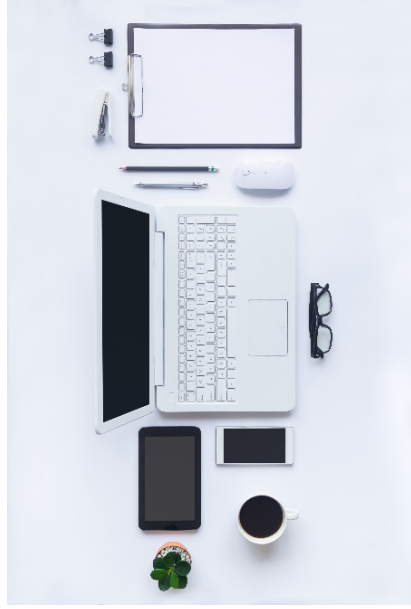
Mailing Address: #6 - 1610 Island Highway - Victoria, British Columbia - Canada - V9B 1H8
Toll Free Telephone: 1-888-815-5511 **Victoria Capital Region Telephone:** (250) 381-7303
Fax: (250) 381-7312 **Email:** sislp@bcands.bc.ca





Millbrook First Nation GED Classes

GED programing provides supports for adults preparing to write the GED test modules.



GED Class Registration

Friday, January 19th, 2024

10:00am-12:00pm & 1:00pm-3:00pm

Location: Millbrook Senior Centre

Address: 841 Willow Street
Millbrook, NS B2N 6N8

***You need to attend registration in person to be considered for the program!**

***Only 12 spots available for this program**

Classes will take place every Friday starting on January 26th, 2024.

Time: 9:00am - 12:00pm & 1:00pm – 4:00pm
Location: Millbrook Community Hall (Basement)
Address: 72 Church Road
Millbrook, NS B2N 6N4

If you have questions, please contact:

Amy Gloade

Millbrook Employment & Training Officer

Email: agloade@millbrookfn.ca

Phone: 902-897-9199 ext. 122

Cell: 782-370-0971

Employment Opportunity

Cashier

Treaty Entertainment is currently hiring in its Cole Harbour and Truro locations.

Position Summary: Under the direction of the General Manger. You will be responsible for providing excellent customer service and a positive experience for all patrons at Treaty Entertainment.

Knowledge of:

- Computer data entry experience/ability.
- Cash & balancing experience.

Ability to:

- Ability to stand/walk for 8-hour shifts.
- Willingness to follow direction in all duties, as required.

Key Skills:

- Communication skills.
- Interpersonal communication skills.
- Superb customer service and interpersonal skills.
- Teamwork skills.
- Time management skills.
- Active listening skills.
- Availability for flexible and alternating scheduling.

Education and Experience:

- St. John's Ambulance/First Aid Certificate would be an asset.
- Criminal Record Check. (If applicable)

Salary:

Current recruitment is for **full time back shift** and part-time/casual positions. Starting hourly probationary rate ranges from \$17 to \$17.85; after probationary rate ranges from \$17.90 to 18.70. Also, a \$2 per hour premium on hours worked from midnight- 8 am. Full-time employments benefits include group health & dental insurance and Registered Pension Plan.

Submit Cover Letter and Resume to:

Fax: 902-897-1663

Email: treatygenmgr@treatyentertainment.ca

Only those selected for an interview will be contacted.

Please note: While we welcome all qualified applicants to apply, preference will be given to MFN members or individuals of Indigenous descent in accordance with the Aboriginal Employment Preference Policy. Only qualified candidates will be contacted.

Employment Opportunity

Custodian

Treaty Entertainment is currently hiring in its Cole Harbour and Truro locations.

Position Summary: Under the direction of General Manager, you will be responsible for the overall upkeep of Treaty Entertainment.

Knowledge of:

- Interior /exterior building cleaning experience
- Background in following all established safety procedures and protocol measures.

Ability to:

- Physical ability to clear walkways by shovelling and salting.
- Physical ability to physically stand/walk for 8-hour shifts.
- Physical ability to lift/move up to 50 pounds.
- Ability to work a flexible and alternating schedule.

Key Skills:

- Communication skills.
- Interpersonal communication skills.
- Teamwork skills.
- Time management skills.
- Active listening skills.
- Positive and courteous professionalism.
- Willingness to follow direction in all duties, as required.

Education and Experience:

- St. John's Ambulance/First Aid Certificate would be an asset.
- Criminal Record Check. (If applicable)

There are positions, on any of the 3 shifts' alternating schedules, which include working weekends and holidays. Availability for any shift is essential. A successful security background check is required.

Salary: Starting hourly probationary rate - \$16.75; after probationary rate - \$17.55. Also, a \$2 per hour premium on hours worked from midnight- 8 am. Full-time employments benefits include group health & dental insurance and Registered Pension Plan. Current recruitment is for **full time back shift** and part-time/casual positions.

Submit Cover Letter and Resume to:

Fax: 902-897-1663

Email: treatygenmgr@treatyentertainment.ca

Only those selected for an interview will be contacted.

Please note: While we welcome all qualified applicants to apply, preference will be given to MFN members or individuals of Indigenous descent in accordance with the Aboriginal Employment Preference Policy. Only qualified candidates will be contacted.

Employment Opportunity

Security Personnel

Treaty Entertainment is currently hiring security personnel for its Cole Harbour and Truro locations.

Position Summary: Under the direction of the General Manager, you are responsible for the safety and well-being of all Treaty Entertainment employees, patrons and property.

Knowledge of:

- Security experience/training as an asset.
- Background in following all established safety procedures and protocol measures.

Ability:

- Physical ability to lift/ move 50 pounds.
- Physical ability to stand/walk for 8-hour shifts.
- Availability for flexible and rotating scheduling.

Key Skills:

- Positive, friendly outlook with the ability to prioritize.
- Effective communication and interpersonal skills and are a critical thinker.
- Willingness to follow direction in all duties, as required Communication skills.
- Interpersonal communication skills.
- Teamwork skills.
- Time management skills.
- Active listening skills.

Education and Experience:

- St. John's Ambulance/First Aid Certificate would be an asset.
- Criminal Record Check.

There are positions, on any of the 3 shifts' alternating schedules, which include working weekends and holidays. Availability for any shift is essential. A successful security background check is required. Current recruitment is for **full time back shift** and part-time/casual positions.

Salary:

Starting hourly probationary rate - \$18.65; after probationary rate - 19.50. Also, a \$2 per hour premium on hours worked from midnight- 8 am. Full-time employments benefits include group health & dental insurance and Registered Pension Plan.

Submit Cover Letter and Resume to:

Fax: 902-897-1663

Email: treatygenmgr@treatyentertainment.ca

Only those selected for an interview will be contacted.

Please note: While we welcome all qualified applicants to apply, preference will be given to MFN members or individuals of Indigenous descent in accordance with the Aboriginal Employment Preference Policy. Only qualified candidates will be contacted.



**The Confederacy of Mainland
Mi'kmaq**
Member Mi'kmaq Bands: Annapolis Valley ·
Bear River · Glooscap · Millbrook · Paqtnekek ·
Pictou Landing · Sipekne'katik · Wasoq'obaq

Main Office: 52 Legends Drive, Millbrook
Mi'kmaq Community, PO Box 1590 Truro, Nova
Scotia Canada B2N 5V3.
Tel (902) 895-6385 Fax (902) 893-1520 Toll Free
1-877-892-2424

Housing Inspection Capacity Initiative

1. What is the Nova Scotia Building Officials Association (NSBOA)?

The Nova Scotia Building Officials Association which governs the delivery of building official work across Nova Scotia. NSBOA is a professional body, comprised of persons performing work governed by the Nova Scotia Building Code Act.

2. What is this Program?

The Confederacy of Mainland Mi'kmaq (CMMNS) has developed a partnership with Nova Scotia Building Official Association (NSBOA) to provide this training as part of an ongoing capacity building initiative. The goal of this program is to address the need for Indigenous residential inspectors in CMM member communities and to ensure the longevity of homes being constructed.

The training will consist of in class sessions to develop competency reading and interpreting the National Building Code of Canada standards as it relates to residential and Part 9 buildings.

CMMNS will also provide mentorship for the selected candidate in new construction and existing building inspections in your community. Mentorship will be provided throughout the training portion of the program and will include assistance achieving required inspection hours.

3. What is the benefit to our community?

The building official training program will benefit your community by providing a resource at the community level to oversee new construction, renovations, and inspection services under the mentorship of the CMMNS. This local capacity will help the community to continue to build better housing units to reduce the cost of operations in the long term and ensure a higher value for money when working with external contractors.

4. What are the preliminary requirements for the position?

To attend all classes provided, the CMMNS is looking for a person with the following qualifications.

1. 2-year post-secondary degree or diploma and or equivalent experience in a construction trade.
2. Possess a certification in a relevant construction trade, ex. Red Seal Certification

All candidates will be recommended by community Chief and Council through a letter of support or Band Council Resolution (BCR). A maximum of 2 spaces per community will be available.

In unity there is strength and in strength there is power, justice and equality for all.

5. What would some of the responsibilities be of this trained person in community?

1. Provide inspection services in CMMNS Member Communities with support from CMMNS
2. Support planning and inspection of existing units and buildings to ensure adequately funded Operations/Maintenance expenses are captured.
3. Assist the housing director in any initiatives the band is looking to pursue relating to housing and housing construction.
4. Act as a resource for community builders relating to the National Building Code of Canada 2020 and subsequent revisions.

6. What is the time commitment like for the training component?

The training of the inspector will be done over ~1 year, with the candidate completing 6 courses.

- Communications – 3 days (October 16-18, 2023)
- Legal – 1 week
- Part 9 Small Buildings – 1 week
- Plumbing House - 1 week
- Part 9 Plans Examination Basic – 1 week
- The House – 1 week

7. What is the total classroom time and what costs are covered?

Total time investment of is approximately 1.5 months of classroom training. The total cost of training and travel are funded through this program.

Funding covers:

- NSBOA Membership
- Registration fees for 6 training sessions
- Travel, food, and accommodations for each training session

8. Who shall I contact for more information?

Chuck Roberts, Manager of Engineering Services

Email: chuck.roberts@cmmns.com

Phone: 1 (902) 899-6072

OR

Greg Smith, Housing/Building Inspector

Program Mentor

Email: greg.smith@cmmns.com

Phone : 1 (902) 324-2571



EMPLOYMENT OPPORTUNITY TEMPORARY OFFICE INTERN

Millbrook First Nation is seeking candidates as a Temporary Office Intern for up to a maximum of 26 weeks. You'll be under the direct supervision of the Millbrook Indigenous Employment and Training Officer.

Applicant Requirements:

- Interest in learning administrative tasks in the employment and training industry.
- Must be reliable and able to commit to work assignments.
- Knowledge of Microsoft Office programs is considered an asset but not required.
- A Millbrook Band Member

Please email your Cover Letter and Resume to jobs@millbrookfn.ca (Under the subject, please include "Office Intern.")

DEADLINE TO SUBMIT INTEREST: Friday, January 19th, 2024, at 4:00 pm.

Please note: *While we welcome all qualified applicants to apply, preference will be given to individuals of Indigenous descent by the Aboriginal Employment Preference Policy. Only qualified candidates will be contacted.*

Community and Public Safety Phone Line

To report any security or by-law related concerns or infractions all Millbrook members should call the **Community and Public Safety phone line at 902-956-4164** between 9 am – 4 pm.

Millbrook Security and By-law team now has a new office at 905 Willow Street.

If a community member is in danger or witnesses criminal activity, it is important that they call 911 or the local Millbrook or Cole Harbour, Sheet Harbour detachment of the RCMP. Please note that the security team cannot report incidents on your behalf. For a more detailed list visit <https://www.millbrookband.com/rcmp>.



Millbrook's Security Services

Millbrook's security team is responsible for keeping Millbrook's community safe and secure. They work around the clock and are on call 24 hours a day. Their duties include patrolling the neighbourhoods of Millbrook and Cole Harbour because having a physical presence in the community is a deterrent for minor damage or other unsavoury activities. They are trained to identify unusual activity and pay attention to detail to reduce risks to the community. In addition, they observe and report suspicious activity that may be criminal.

Millbrook Bylaw & Security Contact Information

By-law Officer - Cell (902) 899-5240 e-mail: afrancis@millbrookfn.ca

Millbrook Security - Cell (902) 956-0114 e-mail: security@millbrookfn.ca

Cole Harbour Security - Cell 902-240-0993

Sheet Harbour Security - Cell 902-885-2219



What: Beyond Trauma: A Healing Journey for Women Program

When: Every Monday starting January 8th 2024 from 1-3pm

for six weeks at the Seniors Center

Gain insight to your own healing and receive a certificate at the end of the program.

Food provided and prizes to be won!

To register please contact

MI'KMAW FAMILY HEALING CENTRE

902-893-8483

OR

THE MILLBROOK HEALTH CENTRE

902-895-9468

LIMITED SPOTS AVAILABLE

NSMSG TRADING PIN DESIGN CONTEST

We are looking for Pin Designs for the 2024 Nova Scotia Mi'kmaw Summer Games.

The pin design can be for a single pin, or for a 2 part pin.

Designs should be focused on what sport, culture, wellness and/or community means to you.

Open to Millbrook Band Members

Deadline to submit design:
February 1st, 2024



- 1st Place: \$150 Gift Card**
- 2nd Place: \$100 Gift Card**
- 3rd Place: \$50 Gift Card**

Designs can be sent to: Christena Dykstra
cdykstra@millbrookfn.ca

MILLBROOK L'NU KAMAKN SNOWBOARD AND SKI PROGRAM



LIFT PASS, MEALS AND GEAR RENTALS PROVIDED

REGISTRATION OPEN

OPEN TO MILLBROOK BAND MEMBERS AGE 12-18 WHO WOULD LIKE TO LEARN TO SKI OR SNOWBOARD.

TENTATIVE START DATE MID/LATE JANUARY - MARCH 2024

DEADLINE TO REGISTER: JANUARY 31ST

Email cdykstra@millbrookfn.ca
to register

Millbrook Health Centre Mental Wellness Team

Mental Wellness Crisis Coordinator
Tammy Bernard



Adult Mental Health & Addictions Counsellor
David Rider
Monday & Wednesdays



Community Social Worker/Home care supervisor
Corrina Milliea



Child & Youth Clinician
Ruth Mitchell
Monday & Tuesdays



Substance Use Prevention Counsellor
Ingrid Sheppard



Mental Health & Addictions Clinician
Szonja Vamos
Wednesday & Thursdays



Addiction worker
Peter Gloade



Adult Mental Health & Addictions Clinician
Michelle Sullivan
Thursdays



MILLBROOK HEALTH CENTRE

Contact us at: 902-897-9199 or toll free at (1-800-693-3112)

Regular Hours

Monday - Friday 9:00am - 4:30pm

Summer Hours

Monday - Thursday 8:30am - 4:30pm
Friday 8.30am - 12:00pm

AFTER HOUR CONTACT NUMBERS:

Crisis Response Service at 902-896-2606
at **Colchester East Hants Health Centre**
(1-800-460-2110 ext. 42606) 8:30am - 4:30pm

Provincial Mental Health Crisis Line:
1-888-429-8167

Eskasoni Crisis Line 1-855-379-2099 or on
Facebook Eskasoni Crisis Worker

Millbrook RCMP 902-893-6819

NS Mental Health & Addictions Central Intake
1-844-855-6688

NS Help Line Call 221

NS Mental Health Crisis Line 1-888-429-8167

Kids Help Line 1-800-668-6868

Etli-Npisimkek Counselling & Consulting Services - Michelle LeBrun - Clinician Therapist
etlinpisimkekcounselling@gmail.com 902-759-2839