

Millbrook Community Newsletter

JULY 2023



NATIONAL INDIGENOUS PEOPLES DAY
UNVEILING A PART OF MI'KMAW HISTORY

Important Dates

- 📅 **July 18** - Chief and Council - General Meeting & Consultation and Economic Development Meeting
- 📅 **July 26** - Closed for St. Annes Day

Please visit www.millbrookband.com/events for upcoming events! Or use this QR code ->
Sign up to our mailing list from our website (located at the bottom of the homepage.)

The Eskasoni Crisis Line

Toll Free number 1-855-379-2099
(Mi'kmaw and English)



**MILLBROOK
FIRST NATION**

TELEPHONE: (902) 897-9199
TOLL FREE: 1-(800)-693-3112
MILLBROOK BAND ADMINISTRATION
P.O. BOX 634
TRURO, N.S. B2N 5E5

Millbrook Administration Office

Mailing Address

Millbrook
Administration
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday- Thursday
8:30am-12pm / 1:00pm-4:30pm
Friday
8:30am-12pm

Phone Numbers

Millbrook Office
1 (902) 897-9199
Toll Free
1 (800) 693-3112

Chief and Council Meeting

Tuesday, July 18th, 2023

Deadline for letter submissions and booking time to see Council is

Thursday, July 13th, 2023 at noon. Contact the Administrative Assistant to Chief and Council - Suzanne Penney at Phone: (902) 897-5877 or e-mail: adminassistant@millbrookband.com

Please include your full name, contact information and subject of your request.

The following Chief and Council Meeting will be September 12th, 2023.

July 2023

🌟 **July 18** - Chief and Council - General Meeting, Consultation and Economic Development Meeting

Minutes

For up to date minutes from Chief and Council please check online at: <https://www.millbrookband.com/minutes>

Booking the Community Hall

To book the Community Hall please contact **Natasha Bernard** at **(902) 897-9199**

Cell: 902 324-9261 **e-mail:** nbernard@millbrookfn.ca

Costs

Organization rental fees: \$200/half day rental and \$300/full day rental charge

Millbrook member rental details: Small events, deposit of \$100.00 (will be returned after cleaning)

Millbrook members rental: Big events, \$500.00 (Hall must be cleaned w/ tables and chairs put away).

Thank you to those who continue to keep the hall clean, neat and tidy.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

Website & Facebook Page

Millbrook's Website - www.millbrookfn.ca

Millbrook's Facebook Page - <https://www.facebook.com/MillbrookFirstNation/>

E-mail: ngloade@millbrookfn.ca to have your information posted online.



NOVA SCOTIA MI'KMAW SUMMER GAMES

Mi'kmaw Summer Games

MILLBROOK!

August 20-27, 2023

Watch the NS Mi'kmaw Summer Games
Facebook page for more info.

www.mikmawsummergames.ca

2023 Schedule for Chief and Council Meetings

Month	Days	General Chief and Council Meeting	Days	Economic Development & Project Consultation
July	Tuesday	July 18, 2023	Tuesday	July 18, 2023
August	N/A	No Meeting this Month	N/A	Summer Break for Chief and Council
September	Tuesday	September 12, 2023	Tuesday	September 26, 2023
October	Wednesday	October 11, 2023 (after thanksgiving)	Tuesday	October, 24, 2023
November	Tuesday	November 14, 2023	Tuesday	November 28, 2023
December	Tuesday	December 5, 2023	Tuesday	December 12, 2023

Please Note

Tuesday, July 11, 2023 - Moved to Monday July 18, 2023

Tuesday, October 10, 2023 - after Thanksgiving, moved to Wednesday, October 11, 2023.

No meetings in the month of August 2023.

December Meetings are pushed one week earlier due to Christmas Break. December meetings are moved to December 5 and December 12, 2023.

Social Assistance

Social Assistance Cheques are scheduled for: **Thursday, July 13, & 27, 2023.**

Available to be picked up at the Millbrook Administration Office.
Applications are available at the Reception desk at the Millbrook Administration Office.

ATTENTION SOCIAL CLIENTS: Nova Scotia Power Bills

It has come to the Social Department's attention that some clients are having problems submitting power bills for payment to the social department in a timely manner. Any social client can call NSPC at 1-800-428-6230 and request that they email me (mphillips@millbrookfn.ca) a current copy of your power bill for payment.

Thank you for your cooperation.

Millbrook's Newsletter Deadline - Thursday, July 20th, 2023

The deadline is the 20th of each month.

Send your content to: ngloade@millbrookfn.ca

Be sure to include ALL relevant information (including the who, what, when, where, why and how to find out more) and be sure to submit it in advance of the event date (the earlier you share the better).

Please ensure it's in an editable format.

65 and Over Requesting Reimbursement/Coverage of Vitamins

Effective June 1st, 2023: For Millbrook First Nation members 65 and over requesting reimbursement/coverage of vitamins, a prescription from a Medical Doctor or Nurse Practitioner will be required. This is to ensure there are no interactions with other prescribed medications and to prevent possible harmful side effects.

Mental Wellness Program

Tammy Bernard

Mental Wellness & Crisis Coordinator

There will be a sacred fire lit on Thursday evenings at the sacred fire circle pit beside the senior's centre for the summer **from 7:30 pm -11:00 pm July dates are July 13 and 20th**. If you need to talk, come and join me. Everyone welcome!



Housing Repairs Announcement

Please be advised that any housing repairs must be approved by the Housing Department before any work is started, if you wish to receive reimbursement.

If you have any questions, please feel free to contact us by phone or email.

Lorne Paul

Director of Housing

lpaul@millbrookfn.ca

Work: (902) 897-9199

Cell: (902) 890-4863

Or

Chantel Langille

Housing Project Officer

clangille@millbrookfn.ca

[Nova Scotia Mi'kmaw Summer Games](#)

The Nova Scotia Mi'kmaw Summer Games are being held August 20-27, 2023 in Millbrook First Nation. We are excited to start the registration process. Please check the website for the 2023 Technical Package and get started with your online registration. <https://mikmawsummergames.ca/>

You'll need to register with your respective community MPAL/Coordinator.

Below is the list of events:

1. Archery
2. Arm wrestling
3. Badminton
4. Basketball
5. Darts
6. 5km Race
7. Golf
8. Grappling
9. Horseshoes
10. Little league softball
11. Billiards
12. Princess pageant
13. School yard competition
14. Fastpitch softball
15. Swimming
16. Track and field
17. Tug of war
18. Volleyball
19. Waltes
20. Washer toss
21. Special Olympics
22. Cultural



**NOVA SCOTIA
MI'KMAW
SUMMER GAMES**

To volunteer please email summergames@millbrookband.com

Monthly Elders & Seniors Dinner

To discuss the
Community Plan for Millbrook
July 24th, & August 22nd - 4:30-6:30 PM
At the Millbrook Cultural and Heritage Centre
65 Treaty Trail , Millbrook , NS

OSO planning +
design



Housing Policy Amendments

The Millbrook Housing Department would like to communicate the following amendments to the Housing Policy:

Amendment Number	Approval Date	Description
1	May 9, 2023	If an adequate primary residence is disposed of by the applicant or spouse, they are not eligible to apply for Millbrook housing for one (1) year from the date of the closed sale.
2	June 13, 2023	Appealing an Eviction policy. Including: Appealing an Eviction, Grounds for an Appeal, Submitting an Appeal and Last Chance Agreement.

The amendments to this policy will be posted soon on our website for everyone to review.

<https://www.millbrookband.com/housing>

Social Clients - Power Bill

Attention Social Clients: as a homeowner you are responsible to track when and if your bills are paid.

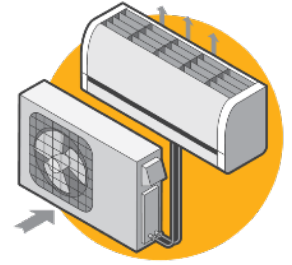
Social clients are responsible to make sure the social department receives power bills in a timely manner before disconnection occurs. Power bills mailed to your address can be dropped off at the front desk of the band office or a message can be left at front desk informing the social department that your power bill is due/overdue and disconnection is scheduled to occur if a door notice is left at your home. Social clients will be held responsible for damages to the home as a result of disconnection of power or any extra charges to the power bill account.

The Social Department will not pay for previous charges on power accounts prior to applying and receiving social assistance. For example, if you worked and did not pay your bill during that period, you will be responsible to pay that portion of the power bill.

Millbrook Social Department

[Heat Pump Cleaning](#)

Please contact Eshaan at EcoLogic Heat Pump Solutions Ltd for a deep heat pump cleaning. Eshaan can be contacted by phone at 902-957-0661 to schedule an appointment, at no cost to the Millbrook First Nation home owner.



[Home Insurance](#)

Millbrook First Nation's insurance covers the structural costs of CMHC houses and Millbrook-owned homes on reserve. Please note that the contents inside the homes, including the appliances, are not insured by Millbrook First Nation. It is important to protect your belongings and one way to do that is to consider purchasing home insurance for the contents of your home. This became apparent after the recent flooding of basements that occurred in Millbrook's communities last year. If Millbrook members are interested in home contents insurance, they will be responsible and it will not be covered by the First Nation. Questions? Please reach out to Millbrook's housing department.

[Housing Inspections](#)

The Housing Department has been working collaboratively with other organizations and government agencies with the hopes of obtaining funding for housing repairs. In order to be eligible for the housing repairs, housing inspections will be mandatory for the funding.

Those who contact the Housing Department to be added to the list will be first priority, but it's mandatory for all houses to be inspected. Anyone who doesn't answer the door for their scheduled appointment will be dropped down to the end of the list.

Please contact Krista Paul at kpaul@millbrookfn.ca or by phone at 902-890-2518 to be added to the housing inspection list, if you need to reschedule your appointment or if you have any questions.

[Millbrook R.E.C.C. Family Skate - Sunday Mornings](#)

Sunday morning ice times at the R.E.C.C. starts at 12:00-1:00 pm, July 2, 9, 16, 23 & 30.



[Custom Election Code](#)

Like many other First Nations, since the 1950's, Millbrook has conducted elections based on the provisions in the Indian Act, which is now a piece of legislation that is almost 150 years old. Over time, many communities have found the Indian Act election system has many gaps that create practical challenges for communities. After the federal government introduced the *First Nation Election Act*, Millbrook held consultations about an appropriate way forward in the conduct of elections and the community poll held with the last membership transfer vote indicating that community members wished to hold future elections under a **custom election code**, rather than the old, colonial Indian Act. The work on the Code began in 2021 and the Millbrook Election Committee, made up of Millbrook voters was formed to make sure there were a variety of points of view in the discussions and in the Code. The Code is currently a working draft, intended for community feedback.

Like any law, the Code will be interpreted, discussed, and sometimes it may be disputed. Over the past month, several consultation sessions have provided feedback on the draft. More sessions are scheduled so that community members are able to share their thoughts on the Code. This feedback will be studied and will inform the final draft that must be voted on by Millbrook voters later this year.

If you have feedback or questions, you may contact Gerald Gloade, Consultation Manager Gerald Gloade at ggloade@millbrookfn.ca.

Maternal-Child Health:

JULY



Private Car Seat Checks

Sheet Harbour

July 14th

Registration Required

0-4 Playgroup Drop-In

Theme: Literacy and Littles

July 17th, 10:00-11:00

Seniors Centre

Baby & Me (0-1)

July 25th, 10:00-11:00

Seniors Centre



Private Car Seat Checks

Cole Harbour

July 13th

Registration Required

0-4 Playgroup

Theme: Sensory Play

July 28th, 10:00-11:30

Seniors Centre

Contact Tilina

tbarkhouseasprey@millbrookhealth.ca

(782) 370-1580

Congratulations GED Graduates



Bryon Stephens



Chad Paul



Georgette Paul

The Millbrook GED program allows Millbrook members to obtain an education in our community, amongst other community members. Here are graduating students with Teacher, Shanelle Martin.



Congratulations to our Preschool 4 Graduates of 2023



~Ainsley~Bella~Autumn~Deja~Emerson~Jayce~Karver~
~Kyson~Marion~Stone~Sophia~Sulian~Renezmee~Richard~



Congratulations to our Primary Students moving on the Grade 1



*~Alexandria~Aubreigh~Calen~Daisy~Dayna~Degan~Gwyneth
~Jasmyn~Mia~Mila~Tucker*



Community and Public Safety Phone Line

To report any security or by-law related concerns or infractions all Millbrook members should call the **Community and Public Safety phone line at 902-956-4164** between 9 am – 4 pm.

Millbrook Security and By-law team now has a new office at 905 Willow Street.

If a community member is in danger or witnesses criminal activity, it is important that they call 911 or the local Millbrook or Cole Harbour, Sheet Harbour detachment of the RCMP. Please note that the security team cannot report incidents on your behalf. For a more detailed list visit <https://www.millbrookband.com/rcmp>.



Millbrook's Security Services

Millbrook's security team is responsible for keeping Millbrook's community safe and secure. They work around the clock and are on call 24 hours a day. Their duties include patrolling the neighbourhoods of Millbrook and Cole Harbour because having a physical presence in the community is a deterrent for minor damage or other unsavoury activities. They are trained to identify unusual activity and pay attention to detail to reduce risks to the community. In addition, they observe and report suspicious activity that may be criminal.

Millbrook Bylaw & Security Contact Information

By-law Officer - Cell (902) 899-5240 e-mail: afrancis@millbrookfn.ca

Millbrook Security - Cell (902) 956-0114 e-mail: security@millbrookfn.ca

Cole Harbour Security - Cell 902-240-0993

Sheet Harbour Security - Cell 902-885-2219

MILLBROOK STREET HOCKEY DRAFT TOURNAMENT 2023

Date: Saturday July 29, 2023
Start time: 11:00 AM

Location: CMM Parking lot
52 legends Ave Millbrook, NS

We will be inviting RCMP, Fire
Fighters, Truro Police and EMS To
play against our Millbrook Mighty
Warriors.

Everyone is welcome, no need to
register just show up and have
some fun.



*Free BBQ
& Prizes*

Contact information:
Tamara Gloade,
Millbrook Security at
902-956-4164



COOKING FOR BETTER BLOOD SUGAR

12:00-1:00 PM

WEDNESDAY, JULY 12 TH

**EASTERN SHORE WILD
LIFE ASSOCIATION
SHEET HARBOUR**

THURSDAY, JULY 13 TH

**A-FRAME
COLE HARBOUR**

SIGN UP WITH TERESA

(902)-895-9468

TERESAF@MILLBROOKHEALTH.CA



MILLBROOK
HEALTH CENTRE

WALK WITH THE DIETITIAN!

WALKING GROUP



**SNACKS &
WATER
PROVIDED**

TUESDAYS IN JULY & AUGUST

12:00-1:00 PM

POWWOW GROUNDS

RAIN OR SHINE

DROP IN OR SIGN UP WITH TERESA

TERESAF@MILLBROOKHEALTH.CA

(902)895-9468



**MILLBROOK
HEALTH CENTRE**

[Aurum Award Winner Athanasius Sylliboy](#) [Improves Health Outcomes for Mi'kmaq](#)

Posted: May 23, 2023

Dalhousie Alumni Story
Read the full story online:

<https://alumni.dal.ca/alumni-story/aurum-awards-athanasius-sylliboy/>



By Allison Barss

Whether it's enjoying the first cup of coffee, preparing for the day ahead or during the one-hour commute to work, Athanasius "Tanas" Sylliboy (MN'20) looks for any opportunity to reflect.

"It's important for me to ground myself in gratitude," says the Aurum Award recipient. "It helps me realize how fortunate I am to be where I am now."

Sylliboy was raised in Eskasoni First Nation, the largest Mi'kmaq community in the world, nestled alongside Bras d'Or Lake in eastern Cape Breton Island. "Growing up, it was easy to feel like I didn't belong in certain spaces," they say. "It was challenging to overcome my own barriers."

Their mother, along with Sylliboy's close circle of family members and friends, became a guiding light on their journey to self discovery as a Two Spirit, Mi'kmaq nurse practitioner.

“My mother has always been my biggest inspiration and supporter,” they say. “She is quick to discourage any negative thoughts, instead encouraging me to be my authentic self and to never be afraid to share that with the world.”

Sylliboy attended Cape Breton University (CBU) where they earned a nursing degree in 2015. They and a friend were the first two Mi'kmaw men to graduate from CBU's nursing program. “I knew then, as much as I do now, that I had a job to do to help others like me.”

From there, Sylliboy continued their studies at Dalhousie's School of Nursing, earning a master's degree in 2020.

Creating safe spaces

Today, Sylliboy is primarily stationed at the Millbrook Health Centre in Millbrook First Nation near Truro, a facility committed to offering accessible, culturally safe, and holistic care to Millbrook and their community members. On a casual basis, they also work at the IWK's Emergency Department in Halifax.



Early in Sylliboy's career, they quickly recognized the significance of having Mi'kmaq-speaking health-care staff across various settings. "It not only brings comfort and reassurance to Mi'kmaw patients and their families, but also fosters an environment where they can feel safe."

Sylliboy says to date, they are among only a few known Mi'kmaq-speaking health-care providers in Nova Scotia. "I deeply value using our language in my daily work," they say.

They also share that they have seen many people from their communities who have exhausted all options before considering coming to the emergency room, or even avoiding it entirely, due to concerns of facing racism. "I strive to deliver the appropriate care and raise awareness so that Mi'kmaq patients can feel secure and acknowledged, so they will make the emergency room their first option."

Sylliboy adds that they want this awareness — this feeling of safety — to not just be felt in today's generation, but for the next seven generations and beyond.

"Making health care accessible is so important," says Sylliboy. "Obtaining health care is already challenging, but it's even more difficult for marginalized communities. My goal is to create or transform spaces to be more inclusive and safer for everyone, particularly those who have previously felt unseen, and unheard."

Let us help one another, together

"In my language, there's an expression that goes 'Mawi-Apoqmatultinej'," shares Sylliboy. "It means, 'let us help one another, together.'" Whenever Sylliboy works with another person — whether a fellow nurse, a community member or an advocate — this has remained their grounding principle.

"My views are equally as important as anyone else's, so let's combine our strengths to benefit others and to find a solution. We need to meet in the middle."

In addition to their work as a nurse practitioner, Sylliboy has been volunteering their time in other capacities to increase Indigenous representation, including speaking engagements like podcasts or webinars, or transforming queer spaces by performing as drag queen, Anita LandBack.

Sylliboy has also engaged in various advisory and collaborative roles, including pediatric pain research with the Aboriginal Children's Hurt and Healing (ACHH) Initiative at the IWK. Additionally, they have collaborated with Dalhousie University and CBU to promote anti-racism education and improved care for Indigenous patients. Most recently, their volunteer efforts have included raising awareness about HIV prevention in their communities.

"I don't really view it as work or volunteering," says Sylliboy. "It's my responsibility to contribute where I can."

They add that they know they need to continue to be vocal to make change. "I have a responsibility to help transform spaces where our people, and other racialized communities can be more visible, and to bring opportunities for people to learn and to see themselves in those spaces," they say.

"I want to share my culture, its language, its beauty, its stories — and to help rebuild trust. I'm just getting started."



Millbrook Early Education Centre News

Important Dates In July

Monday, July 3, 2023

Centre Closed
in Lieu of Canada Day

Monday, July 10, 2023

Summer Camps Start
Tiny Tots

Group A July 10-28, 2023

Group B July 31-August
16, 2023

Wednesday, July 26, 2023

Centre Closed
St. Anne's Day

**If your child is attending
the MEEC in September,
please drop off the
Registration Form
ASAP!**

MEEC Staff would like to wish
everyone a Safe and Wonderful
Summer Break!



Contact Us

902-897-1249 or 902-897-0445

Ext. 101-Assistant Manager-Cheryl

Ext. 102-Preschool 4 (Sue/Amy/Sunshine)

Ext. 103-Daycare (Leslie/Genny/Melinda)

Ext. 104-Preschool 3 (Jessica/Amanda/Levi)

Ext. 105-Primary (Heidi/Emma/Jaquinn)

Ext. 108-SLP (Christina)

Ext. 109-Manager- Sylvia M. Martin

Manager's Email: smmartin@millbrookfn.ca





MILLBROOK FIRST NATION

CHIEF'S COMMUNITY BULLETIN

June 30, 2023

Kwe' friends and community members,

We have officially entered summer, and there are lots of exciting activities planned in Millbrook over these next few sunny months.

I am looking forward to attending the 44th Annual General Assembly (AGA) for the Assembly of First Nations from July 11-13 in Halifax, NS. Our region will be hosting over 600 representatives from First Nations across the country. Our full Millbrook council plans to attend. This is a special opportunity to share information between Nations and to work together to support one another's progress.

The North American Indigenous Games (NAIG), which will kick off on July 15, are fast approaching. We are excited to host the 3D Archery event here in Millbrook at the Powwow grounds. I'm wishing all the competitors good luck in their last days of training and preparation.

We are also counting down to the Nova Scotia Mi'kmaw Summer games - August 20-23. These games aren't just about competition; they're about bringing our Mi'kmaw communities together, building relationships, and encouraging our awesome youth to get involved in sports. Visit mikmawsummergames.ca for registration info.

I am excited to announce that Millbrook council recently approved a significant donation to support the Millbrook Powwow this year which will take place on August 12-13, 2023. If you are interested in participating or have any questions, contact millbrookpowwow@gmail.com.

National Indigenous History month (June) ended on a high note with our National Indigenous People's Day celebration. On June 21, Mi'kmaw regalia was finally brought home after being held in Australia for over 130 years. This was an emotional time and a celebration for everyone who was present.

If you haven't already, visit the Millbrook Cultural and Heritage Centre to see this spectacular regalia on display.



There are many more summer events to place on your calendar. Please refer to the information below – informative updates, activities / events and special mentions.

I ask you to continue to use our website www.millbrookband.com and read our newsletters to stay in the know.

Housing Announcements

- Council has approved a housing policy amendment to allow for an appeals process, in the event that an individual living on reserve faces eviction.
- Millbrook’s Housing Department has secured funding to build emergency temporary housing to serve the growing, diverse housing needs in the community, including an increase in single unit housing. This process is underway, please monitor Millbrook’s website, newsletter and Facebook page for updates.
- Millbrook Chief and Council are interested in joining the **First Nations Market Housing Fund**, a registered non-profit Trust that supports financing arrangements for housing on reserve and settlement lands. This fund and is another tool to help support individual MFN Members to be able to afford and own a home. The fund will be available to members, in addition to the RBC housing program currently in place. **Please contact Chantel Langille for more information clangille@millbrookfn.ca.**

Good to Know

- All correspondence coming to Chief and Council from community and / or registered MFN members – **please ensure a current, full mailing address and email / phone number are provided along with the letter.**
- Mental health and Wellness Coordinator, Tammy Bernard, is working with RCMP Sergeant to develop a crisis mental health plan to support members of the community in need of urgent mental health service. Please monitor updates from Millbrook’s Administration Office and Health Centre for more information.
- By-Law Officer Adam Francis has recently completed training to be able to administer Naloxone. This service is now available to community. Please contact the By-law and security office - **phone:** (902) 899-5240, **e-mail:** afrancis@millbrookfn.ca, or **the anonymous Community and Public Safety hotline:** 902-954-4164.
- The Craft Grant has recently increased with new categories of what craft activities can be funded. Please see the new forms which are available on the Millbrook Website at <https://www.millbrookband.com/forms-policies-bylaws>.
- Millbrook First Nation is continuing to provide in-kind support for the Wekope'kwitk Mijipjeweyuo'kuom Society Millbrook food bank, located at 74 Church Road (also accessed by Martin Crescent). Contact: millbrookcommunityfoodbank@gmail.com.
- With the Nova Scotia-wide woods and burn bans recently lifted, we are working to ensure trails are safe for community members to enjoy. This involves cutting and trimming overgrown trees. **All walking trails are closed until further notice.**

~

The “WORD / PHRASE OF THE MONTH” for June is: Piskwa = *Come In*

Wela’lin,

Chief Bob Gloade

EMPLOYMENT OPPORTUNITY

MILLBROOK YOUTH CENTRE LEAD (FULL TIME)

Millbrook First Nation is looking for a Staff Lead to oversee staff and the operation of the Millbrook Youth Centre.

POSITION OVERVIEW

Under the direction and supervision of Youth Support worker, the Youth Centre Lead is responsible for overseeing the Millbrook Youth Centre. The Youth Centre Lead oversees and establishes a safe space for Millbrook Community Youth aged 12-18 years old at the Centre. The Youth Centre Lead uses inter-personal communication skills to help create relationships with Youth in community while supporting and guiding the Youth to create relationships with their peers. The Youth Centre Lead assists Youth with life skills, social skills and/or access to community resources. The Youth Centre Lead demonstrates skills in crisis intervention, conflict resolution and problem solving while using a trauma-informed approach.

RESPONSIBILITIES AND DUTIES

- ✦ Ensure a safe and healthy environment for the Youth, staff and volunteers.
- ✦ Provide direct supervision to the Youth who are the Centre.
- ✦ Act as a positive role model to the Youth, co-workers and any other community partners.
- ✦ Implement and organize age-appropriate and culturally appropriate weekend programming.
- ✦ Evaluate the needs of young people and outline measures to address them with a trauma-informed approach.
- ✦ Create secure relationships with Youth through play, sport, art, cultural activities, cooking, etc.
- ✦ Write proper incident reports and report them to Youth Support Worker when needed.
- ✦ Work collaboratively with a team of other Youth Workers and Community Partners (such as Health Centre staff, schools, police, etc.).
- ✦ Maintain safety, order and appropriate level of cleanliness of program space. Clean the facility after every shift following a cleaning check list.
- ✦ Participate in and provide support for ongoing culturally appropriate programming of the Youth Centre, including community promotion, special events, workshops and field trips.
- ✦ Maintain confidentiality and respect at all times.
- ✦ Complete and submit your sign-in times at the Facility to ensure time sheets are correct.

KNOWLEDGE, SKILLS AND ABILITIES

Knowledge

The incumbent must have proficient knowledge in the following areas:

- ✦ Experience working with Youth.
- ✦ Experience in community-based programming.
- ✦ Knowledge of Millbrook community and respect for cultural and community traditions.

Skills

The incumbent must demonstrate the following skills:

- ✦ Strong leadership and skills in supervising Youth activities

- ✦ Excellent communication skills both written and oral
- ✦ Scheduling and time management skills
- ✦ CPR/First Aid
- ✦ Assessing environmental risk management
- ✦ Basic computer skills (i.e., e-mail, internet, word processing, social media).

Additional Skills

The incumbent must maintain strict confidentiality in performing the duties set forth. The incumbent must also demonstrate the following personal attributes:

- ✦ Effective interpersonal relationships.
- ✦ High level of integrity and dependability.
- ✦ Be honest and trustworthy.
- ✦ Be respectful.
- ✦ Possess cultural awareness and sensitivity.
- ✦ Be flexible.
- ✦ Demonstrate sound work ethics.

Policies and Procedures

The incumbent is required to follow all rules and regulations as stated in the Millbrook Personnel Policy and any other policies in place that are relevant to this position.

QUALIFICATIONS

Education and Qualifications

- ✦ High school diploma or equivalent
- ✦ Experience working with Youth.
- ✦ Experience in community-based programming would be an asset.
- ✦ Must be willing to submit to a background check as they will be working directly with Youth and recognize they may be seen as a role model for clients.
- ✦ CPR/First Aid would be an asset.
- ✦ Willing to work after regular hours to carry out Youth programs at times convenient to the target population.
- ✦ Preference will be given to qualified Millbrook band members of Mi'kmaw descent.

Salary: \$25/hr. for 32hrs/week.

Application deadline: Please submit your resume and cover letter by email or to the Millbrook Band Office by Monday, July 24, 2023, no later than 4 pm. If you have any questions, please contact:

Kym Little
Human Resources
Phone: (902) 897-9199
Email: klittle@millbrookfn.ca

Please note: While we welcome all qualified applicants to apply, preference will be given to MFN members or individuals of Indigenous descent in accordance with the Aboriginal Employment Preference Policy. Only qualified candidates will be contacted.

EMPLOYMENT OPPORTUNITY

HOUSING PROJECT OFFICER

Millbrook First Nation is seeking flexible and self-motivated applicants for the position of Housing Project Officer.

Position Summary: Under the direction of the Housing and Public Works Project Officer you will be responsible for providing support to the Housing and Public Works Department by primarily working on tenant relations, community relations and policy development. The Housing Project Officer will provide support in the areas of administration and project management. The Housing Project Officer will assist in developing and implementing housing initiatives and projects to increase housing support in the community.

Knowledge of:

The incumbent must have proficient knowledge in the following areas:

- Prior administrative experience in the areas of housing, and/or program management.
- An understanding of, and experience using terminology relating to housing issues.
- Ability to anticipate problems and work effectively towards resolutions.
- Offer creative and innovative solutions to complex challenges.
- Adapt and thrive in a continuously changing and demanding environment.
- Providing a wide range of perspectives, including an indigenous lens on all aspects of recommendations and decision-making.
- Continuous learning in areas of cultural awareness and community knowledge.

Ability to:

- Effective interpersonal relationships.
- High level of integrity and dependability.
- Be honest and trustworthy.
- Be respectful.
- Possess cultural awareness and sensitivity.
- Be flexible.
- Demonstrate sound work ethics.
- Ability to respond appropriately in pressure situations with a calm and steady demeanour.

Key Skills:

- Excellent technical writing skills.
- A strong team player with organizational and time management skills to balance work independently, within interdisciplinary teams.

- Superior interpersonal skills with the ability to establish and maintain professional working relationships and networks within government, external agencies, chief and council, stakeholders, CMHC and ISC.
- Excellent written communication skills including the ability to prepare a wide range of materials, including proposals and reporting.
- Sound judgement, analytical thinking, planning, prioritization, and execution skills.
- Active listening skills.

Education and Experience:

- Post-Secondary Education in business, community planning and development or equivalent knowledge/experience.
- First Nations Housing Professionals Association (FNHPA) membership.
- Prior experience in the areas of project management, housing, or any relevant experience relating to this position.
- Relevant training in areas of housing, policy creation and project management.
- St. John's Ambulance/First Aid Certificate would be an asset.
- Criminal Record Check (If applicable).
- Child Abuse Registry Check (If applicable).

Salary: T.B.D based on knowledge, experience and qualifications.

Application deadline: Please submit your resume and cover letter by email or to the Millbrook Band Office by Monday, July 24, 2023, no later than 4 pm. If you have any questions, please contact:

Kym Little
Human Resources
Phone: (902) 897-9199
Email: klittle@millbrookfn.ca

Please note: While we welcome all qualified applicants to apply, preference will be given to MFN members or individuals of Indigenous descent in accordance with the Aboriginal Employment Preference Policy. Only qualified candidates will be contacted.

July 2023 – Millbrook Health Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Hours: Monday-Thurs (8:30-4:30pm) Fri 8:30-1200pm) Closed for lunch 12-1</p>	<p>3 Closed Holiday</p>	<p>4 Dr. Blois 9-2 Tanas NP Jordans Principle Nick- 9-4 Ruth</p>	<p>5 Dr. Blois 9-2 Tanas NP Dr Fraser 9-3 David Jordans Principle Nick -9-4 Closed @ 230 staff meeting Blood Work Clinic</p>	<p>6 Dr. Blois/Barton 9-2 Michelle Szonja Dr MacNeill</p>	<p>7 Dr. Blois/Barton 9-12</p>	<p>8</p>
<p>9</p>	<p>10 Dr. Blois 4-8 Dr. Bauld 9-4 Tanas NP 9-4 Teresa 9-8 David Ruth 9-4</p>	<p>11 Dr. Blois/Barton 9-2 Tanas NP Jordans Principle Nick -9-4 Ruth</p>	<p>12 Dr. Blois/Barton 9-2 Tanas NP David Jordans Principle Nick -9-4</p>	<p>13 Dr. Blois/Barton 9-2 Tanas NP Michelle Szonja</p>	<p>14 Tanas 9-12</p>	<p>15</p>
<p>16</p>	<p>17 Tanas NP 9-4 Ruth 9-4</p>	<p>18 Dr. Blois 9-2 Tanas NP Dr. Purdy Jordans Principle Nick- 9-4 Ruth CRYO Day</p>	<p>19 Dr. Bauld 130-8 Tanas NP Dr Fraser 9-3 David Jordans Principle Nick -9-4</p>	<p>20 Dr. Blois 9-2 Tanas NP Michelle Szonja</p>	<p>21 Tanas 9-12</p>	<p>22</p>
<p>23</p>	<p>24 Dr. Blois 4-8 Dr. Vance Teresa David Ruth 1030-8</p>	<p>25 Closed Staff Appreciation</p>	<p>26 Closed Holiday</p>	<p>27 Dr. Blois 9-2 Michelle Szonja</p>	<p>28 Dr. Blois 9-12</p>	<p>29</p>
<p>30</p>	<p>31 Tanas NP 9-8 Teresa David Ruth 1030-8</p>					<p>Please call to cancel appts</p>